

DON BOSCO ARTS AND SCIENCE COLLEGE CO-ED
AFFILIATED TO UNIVERSITY OF MADRAS

For unto you is born this day
in the city of David a saviour who is

CHRIST THE LORD

Luke 2:11





EDITORIAL BOARD

Rev. Fr. Joe Anand SDB

Administrator

Mr. Jaswa Jebaraj

Assistant Professor, Department of English

Mr. Michael Stalin

Assistant Professor, Department of English

Mr. Sukumaar Thangaraj

Assistant Professor, Department of Visual Communication

DESIGNING TEAM

Cover

Ms.Divine Rizia - Assistant Professor, Department of Visual Communication

Layout

Keerthi Dev G | Abimanyu E | Ronald Edwin R | Rubini Loganathan

III B.Sc Visual Communication

IMAGE COURTESY

EXPOSURE - PHOTOGRAPHY CLUB

Mr. Irshad Ahamed

Asst. Prof, Dept of Visual Communication

III B.Sc Visual Communication

Naveen Raj Leander A | Mohamed Suhaib Batcha V B | Nanditha P S

Vincent Sherwin Mark | Sangesh Marrio A

Udhaya Kumar P | Prasanth Kantharaj | Aasir Clement

II B.Sc Visual Communication

Sam Sumesh | Riona Maria | Rapheal



I N S I D E



5

ChatGPT a Blessing or a Curse!
Rector/ Secretary Message

15

Empowering Student Leaders and Staff
Vice-Provincial visit

18

DBHEI Annual Conference
General Body Meeting 2023

24

Department Evaluation
ODD Semester - 2023

27

Staff Corner - Pixelated Memoirs
Navigating the Magnetic Allure of Selfies in the Digital Age

Embracing Faith and Unity
Annual spiritual retreat

11

Inauguration - Devashayam Innovation Lab
Department of Computer Application

17

Workshop on NAAC Accreditation
The Internal Quality Assurance Cell (IQAC)

22

An Inspiring Journey of Dedication
Shreehamshini G. B.com (CS)CSEET-2023 Exam

26

BOOK REVIEWS

29



Reflecting on 2023

Gratitude, Resilience, and Dream for 2024

As we approach the close of another year, it's a moment for reflection, appreciation, and hopeful anticipation. This journey through 2023 has been a tapestry woven with challenges and triumphs, late-night endeavors, new connections, and personal growth. As we bid adieu to 2023 and set our sights on 2024, let's collectively pause to acknowledge our achievements, express gratitude, embrace the promise of the year ahead, and share a heartfelt Christmas wish.

In 2023, we each embarked on journeys that stretched our abilities, surmounted obstacles, and marked personal victories, both grand and humble. Every accomplishment, be it a professional milestone, a personal project, or the sheer determination to persist, deserves recognition. These achievements serve as milestones paving the way for our shared success.

While 2023 had its share of challenges, from unexpected setbacks to personal trials, it was also a testament to our resilience. In overcoming these difficulties, we unearthed our capacity for growth, adaptability, and unwavering perseverance. Adversity demonstrated that even in the face of setbacks, we can emerge stronger and more resolute.

As we gaze upon the horizon of 2024, let us rekindle our ambitions and aspirations. Whether it's the pursuit of higher education, career advancement, nurturing personal connections, or making meaningful contributions to our communities, our dreams guide us toward a future rich with boundless potential. Together, let's let our shared aspirations light our way. In the whirlwind of life, it's easy to overlook the many reasons for gratitude. In 2023, we found solace in the support of friends, inspiration from mentors, and lessons from life's experiences. Gratitude is a powerful force that ignites our determination and positivity as we forge ahead. Let us all take a moment to offer thanks for the blessings we've encountered.

As we stand on the brink of a new year, let's open our hearts to the myriad possibilities it holds. Each day is a fresh canvas, awaiting the strokes of our endeavors, dreams, and aspirations. While we set our sights on the future, let's also savor the present moments. Life is a journey where destinations matter, but the richness lies in cherishing the path and the growth it brings. Amidst this season of reflection and anticipation, we also celebrate the spirit of Christmas. It's a time when kindness, generosity, and love fill our hearts. Let us extend our warmest Christmas wishes to all, sharing the joy of the season with family, friends, and even strangers. May this Christmas serve as a reminder of the power of unity, compassion, and the goodwill that binds us.

Every year is a chapter in the story of our lives, and 2023 was no exception. It was a time of learning, self-discovery, and personal growth for all of us. As we reflect on 2023 with gratitude and optimism for 2024, let's acknowledge the strength and resilience within us, individually and collectively. Embrace the year ahead with enthusiasm, for it promises a future of continued growth, success, and unforgettable experiences.

In the words of Nelson Mandela, "Education is the most powerful weapon which you can use to change the world." As we move forward, let's remember the transformative power of education, determination, unity, and the spirit of Christmas that binds us together as a global community.

Here's to a joyful and successful 2024, filled with achievements, growth, and limitless opportunities for all. Merry Christmas and a Happy New Year!



ChatGPT a Blessing or a Curse!



My dear parents,

You must know about ChatGPT, and maybe you have probably heard of it already. ChatGPT has been all the rage in the first few months of 2023. It is an artificial intelligence chatbot developed by OpenAI that initially launched in November 2022 but had its stable launch on March 14, 2023. By January 2023, ChatGPT reached over 100 million users, making it the fastest-growing consumer application to date. Wikipedia says that it was "built on top of OpenAI's GPT-3.5 and GPT-4 families of large language models (LLMs) and was fine-tuned to transfer learning using both supervised and reinforcement learning techniques."

What does this mean for us?

It can write essays for students.

It can write books for authors.

It can write songs for musicians.

It can write manuals for technicians.

It can write autobiographies for celebrities.

Generate practice questions and exercises.

Provide students with feedback on their writing.

Help students identify and correct their own mistakes.

Translate texts into different languages.

Educators believe it is going to change the face of publishing. In fact, the World Higher Education body is calling for a six-month moratorium on its interface with their world until they can figure out the ethics of it all. I watched an early video of this chatbot writing a paper for a high school student. It is fascinating. All the student had to do was offer some basic inputs, and... Bingo! The ChatGPT rapidly produced an essay superior to what the teen could have crafted, but in their voice, and with relatively little effort. The world it introduces to us is both captivating and alarming, as you can imagine.

The world it introduces to us is both captivating and alarming, as you can imagine.

What is Amazing About ChatGPT

1. It Allows us to go Further, Faster.

So many tasks that we, as mere mortals, used to invest time and energy in can now be done by this chatbot. For instance, you can use ChatGPT to generate coherent and well-written content in a wide variety of writing styles, subject matter, and languages. You can use it to summarize news headlines, product descriptions, or stories you want to pass along. It can break down issues and find solutions to concerns. I love the fact that it can analyze enormous data sets and draw useful information from them. It increases productivity.



2. It Frees up Time for us to Use on Other Priorities.

Because ChatGPT interacts in a conversational way, the dialogue format makes it possible for this chatbot to answer follow-up questions, admit its mistakes, challenge incorrect premises, and reject inappropriate requests. This will save time we normally spend on responding to frequently asked questions or transmitting information, freeing us up to tend to priorities that only we can do. It is like having a brilliant assistant available 24/7.

3. It can Reduce Some Human Error and Expenses.

As I suggest above, it can confront errors we might normally miss. Further, providing support and customer care using ChatGPT can be accomplished at a very reasonable cost. Having it allows businesses to hire fewer customer care staff to handle client inquiries, which in turn will lower the overhead costs of the organization. As more data is gathered and the model is fine-tuned, the generated text is expected to expand both its accuracy and coherence.

What is Alarming About ChatGPT:

ChatGPT and other large language models (LLMs) have the potential to be alarming in the context of work and assignments for university students in several ways: **Facilitating Plagiarism:** LLMs can be used to generate text that is similar to human-written text, making it easier for students to plagiarize their work. Students may be tempted to use LLMs to generate entire assignments or to paraphrase existing sources without proper attribution.

Encouraging Superficial Learning: LLMs can make it seem like students can complete assignments without having to do any deep or critical thinking. Students may rely on LLMs to provide them with answers without fully understanding the underlying concepts. **Undermining the Development of Critical Thinking Skills:** LLMs can provide students with answers to questions without requiring them to go through the process of critical thinking. This can hinder the development of important skills such as problem-solving, analysis, and evaluation.

Creating an Uneven Playing Field: Students who have access to LLMs may have an unfair advantage over those who do not. This could exacerbate existing inequalities in education. In addition to these specific concerns, there are also broader concerns about the impact of LLMs on higher education. For example, some worry that LLMs could lead to a decline in the quality of education if students become too reliant on them. Others worry that LLMs could lead to the devaluation of human creativity and originality.



Ultimately, the impact of ChatGPT on higher education will depend on how they are used. If used responsibly, ChatGPT can be a valuable tool for learning. However, if used irresponsibly, ChatGPT could have a negative impact on the quality of education.

Teach your children to embrace it with cautious optimism and a moral compass.

Rev. Fr. Rajkumar SDB

Rector/ Secretary



A RENEWED CHRISTMAS VISION: LOVE, COMPASSION, AND UNITY



Dear Students and Parents,

As the holiday season approaches, we once again find ourselves immersed in the enchanting aura of Christmas. It's a time when homes are adorned with twinkling lights, carols fill the air, and the spirit of giving warms our hearts. However, in our fast-paced, ever-changing world, Christmas carries a message that is more relevant and essential than ever—a message of love, compassion, and unity.

At its core, Christmas is a celebration of love. It's a reminder of the profound love that unites us all as human beings. We gather with our families, friends, and neighbors to share this love. But let's take it a step further this year. Reach out to those who might be feeling isolated or alone during the holiday season. Invite them to be a part of your celebrations, and let them feel the warmth of your love. Small acts of kindness, such as donating to a charitable cause or simply sharing a smile with a stranger, can amplify the love that Christmas represents.

In a world filled with challenges and uncertainties, Christmas serves as a beacon of compassion. It urges us to be empathetic and understanding toward one another. Let us not forget that there are many among us, both near and far, who are less fortunate. This Christmas, consider volunteering your time, resources, or expertise to support those in need. By doing so, we can collectively make the holiday season brighter and more hopeful for everyone, turning compassion into tangible action.

Christmas transcends borders and beliefs, uniting people from diverse backgrounds. It's a celebration of our shared humanity. In the spirit of this unity, let's not only appreciate our differences but actively celebrate them. Engage in meaningful conversations with individuals from various walks of life, and try to understand their perspectives and traditions. By doing so, we can foster a sense of togetherness that extends far beyond the holiday season, promoting unity and harmony in our communities.

In this renewed Christmas vision, love, compassion, and unity take center stage. By embodying these values, we have the power to create a more inclusive, compassionate, and harmonious world. Let us not confine these principles to the holiday season alone but carry the spirit of Christmas with us throughout the entire year. Each day can be an opportunity to share love, extend compassion, and strengthen the bonds of unity among us.

Together, we can make this holiday season not only magical but also a catalyst for positive change in our world. This Christmas, let our celebrations be more than just festive traditions. Let them be a testament to the enduring values of love, compassion, and unity that make the world a better place for all. May the spirit of Christmas fill your heart with warmth and inspire you to create a brighter future for yourself and those around you.

Dr. Xavier Raja Rathinam

The Principal



Falling and Rising is part of Continuous learning for a Purpose driven Life

Childhood, with its enchanting allure, echoes the essence of continuous learning—a vital facet of leading a purpose-driven life. The month of November, marked by the celebration of Children's Day, serves as a poignant reminder of the whimsical and effervescent energy emanating from these young beings. Children, existing within the realm of innocence and simplicity, cast a magical spell that captivates hearts with their unwavering positivity.



Observing a child's journey from crawling to tentative steps, one witnesses a symphony of effort and joy reflected in their radiant smiles. Though these endeavors may appear as mere playful antics to the casual observer, profound lessons are embedded within. Each attempt to crawl and subsequent fall becomes a testament to the resilience inherent in the human spirit. It is a spectacle of determination and perseverance as the child, undeterred by setbacks, relentlessly strives to reach their intended destination.

This seemingly carefree play holds profound implications for our own lives. Learning, a perpetual and dynamic process, serves as a beacon guiding individuals to maintain focus and embrace a purpose-driven existence. Often, as we navigate the labyrinth of success and failure, some may find themselves disheartened and inclined to abandon their pursuits. Yet, it is in these very moments, amidst the ebb and flow of life's challenges, that the most valuable lessons crystallize.

Life's truest and most impactful lessons often reveal themselves during periods of adversity and tribulation. The crucible of hardships tests the mettle of our resilience and the tenacity of our patience. It is in these crucibles that the essence of our character is distilled, shaping the fabric of our being. While it may be tempting to succumb to the weight of failures or the allure of success, the ability to transcend these circumstances is the hallmark of a purpose-driven life.

The human spirit, akin to a child learning to walk, possesses an innate capacity to rise again after a fall. Regardless of the myriad reasons that may seek to diminish one's efforts, the wisdom lies in embracing the cyclical nature of falling and rising. In the face of a thousand discouragements, the imperative is to rise steadfastly from each fall, using it as a stepping stone toward accelerated learning and personal growth.

Indeed, the symbiotic dance of falling and rising is woven into the very fabric of a purpose-driven life. Embracing this rhythm, akin to a child undeterred by the prospect of stumbling, is the key to unlocking the boundless potential within. As we traverse the intricate tapestry of existence, let the echoes of childhood serve as a perpetual reminder—that in the perpetual act of falling and rising, true enlightenment and purposeful living find their harmonious union.

Rev. Fr. Kasi Sagayaraj SDB

Vice Principal

Celebrating the Magic of Christmas: Traditions and Joyful Reflections



As the winter chill sets in and streets light up with the merry glow of twinkling lights, the spirit of Christmas wraps around us like a warm, festive blanket. This magical season brings a time of reflection, joy, and a renewed sense of community. In this special edition of our newsletter, we delve into the heartwarming traditions of Christmas and the contemporary ways we celebrate them.

Christmas is steeped in traditions that have been passed down through generations. The evergreen Christmas tree, a symbol of life and resilience in the coldest of winters, stands proudly in homes, decorated with ornaments and lights. The story of Santa Claus, originating from St. Nicholas, a generous 4th-century bishop, continues to kindle the spirit of giving across the world.

Carols, those melodious harbingers of Christmas cheer, have evolved over the centuries. From the classic "Silent Night" to the contemporary rhythms of "All I Want for Christmas is You," these songs have become the soundtrack of our December celebrations.

Christmas is not just about festive decorations and joyful gatherings; it's a time to reflect on our shared humanity and the gift of giving. It's an opportunity to step back from the daily grind and focus on what truly matters – love, kindness, and compassion. Many use this time to give back to their community, whether through volunteering, donating to charities, or simply extending a helping hand to a neighbor.

While we cherish traditional ways of celebrating Christmas, our modern world brings new customs and practices. Virtual Christmas parties have become a part of our celebrations, connecting friends and family from across the globe. Innovative recipes and sustainable decorations are emerging trends, reflecting our evolving societal values.

As we embrace both the old and the new, this Christmas is an opportunity to create lasting memories and celebrate the joys of the season in our unique ways. As we wrap up this year, let's hold onto the magic of Christmas. It's a time to cherish our loved ones, revel in the joy of giving, and look forward to the promise of a new year. May this Christmas season fill your hearts with warmth and your homes with laughter.

Rev. Fr. Ernest Rosario SDB

Director of Communication



ARTIFICIAL INTELLIGENCE

A NEW NORMAL



Dr. Marcus

Director of DICE

“The new normal” is a phrase that gained significant popularity, especially during the COVID-19 pandemic. It refers to the changes and adaptations in societal norms, behaviors, and practices that have emerged because of the pandemic or other significant events, including the integration of technology and Artificial Intelligence (AI) into everyday life.

In the context of AI, the “new normal” refers to the increasing integration and reliance on AI technologies in various aspects of daily life, work and society. AI has been rapidly evolving and finding applications in diverse fields, including healthcare, finance, transportation, education, entertainment, and more. Here are some aspects of AI, contributing to the new normal:

Remote work and collaboration – AI-powered communication and collaboration tools have facilitated remote work and virtual meetings. AI algorithms enhance video conferencing, real-time language translation, and improve the overall user experience, making remote work more efficient and productive.

Healthcare and Telemedicine – AI has played a significant role in healthcare, enabling remote patient monitoring, predictive analytics for disease outbreaks, and accelerating drug discovery. Telemedicine, powered by AI, has become a standard for consultations and medical care, allowing patients to receive advice and treatment from the comfort of their homes.

Education and E-learning – AI is being used to personalise and optimise educational experiences. AI algorithms analyse learning patterns, recommend personalised learning materials, and provide intelligent tutoring systems. The integration of AI in e-learning platforms has become essential in the new normal for remote education. **Automation and Robotics** – With a focus on reducing physical interactions, there’s a growing emphasis on automation and robotics in various industries. AI-driven robots can perform tasks that traditionally required human intervention, improving efficiency and safety in environments such as manufacturing, delivery services, and healthcare.

Consumer Experience – AI is enhancing the consumer experience in retail, entertainment, and online services. Personalised recommendations, chatbots for consumer service, and AI-driven marketing strategies are examples of how AI is shaping the way consumers interact with businesses and services. **Data Privacy and Security** – As AI becomes more pervasive, concerns about data privacy and security have heightened. The new normal necessitates robust AI governance frameworks and regulations to protect personal data and ensure responsible AI use.

Environmental Sustainability – AI is being used to optimise energy consumption, manage waste, and improve sustainability practices. AI algorithms help analyse and model environmental data to make informed decisions to reduce the ecological footprint. The new normal in the age of AI represents a shift towards a more technologically integrated society, where AI plays a vital role in enabling efficient and personalized experiences across various domains. It’s crucial to balance the benefits of AI with ethical considerations, ensuring that AI technologies are used responsibly and for the greater good of humanity.





Nov 1, 2023

EMBRACING FAITH AND UNITY



In a vibrant celebration of spiritual diversity and unity, Don Bosco Arts and Science College orchestrated a deeply enriching experience on All Saints' Day through its annual spiritual retreat. This exceptional event, held across four distinct locations within the College campus, showcased the institution's commitment to fostering understanding, acceptance, and mutual respect among students from various religious backgrounds.

The retreat was a testament to the College's dedication in providing a nurturing environment for spiritual exploration. The atmosphere was imbued with a sense of reverence as the first and second-year non-Christian boys gathered in the College AV Hall. Rev. Fr. Ritchi Vincent, with his gentle demeanor and profound knowledge, welcomed the students into a space where the teachings of Christianity came alive. Through engaging discussions, he delved into the essence of love, kindness, and forgiveness, core principles that resonated deeply with the attendees.

Simultaneously, in Deepagam Hall, the third-year non-Christian boys found themselves captivated by Rev. Fr. Oswald's insightful discourse. His thought-provoking questions challenged their perspectives and encouraged critical thinking. These sessions became platforms for intellectual exploration, where the students dissected religious texts, questioned beliefs, and ultimately, emerged with a broader understanding of spirituality. Rev. Fr. Oswald's wisdom left an indelible mark, urging these young minds to approach faith with open hearts and open minds.

In Fr. Schoolz Hall, Rev. Fr. Richard Ronald led empowering sessions for non-Christian girls. The hall echoed with vibrant discussions as these young women shared their experiences, dreams, and challenges. Rev. Fr. Richard's compassionate approach created a safe space where their voices were heard and valued. Through storytelling and introspection, the attendees explored their spirituality, realizing the interconnectedness of their experiences with the teachings of Christ. The retreat became a transformative journey, allowing these young women to embrace their unique identities while fostering empathy and solidarity among themselves.

Meanwhile, Christian students congregated in Bicentenary Hall under the spiritual guidance of Rev. Fr. Jesudoss. His sessions were not mere lectures but profound experiences of worship and communion. Through prayer, worship, and communal reflection, these students found strength in their shared faith. Rev. Fr. Jesudoss' teachings went beyond religious rituals; they delved into the responsibilities that came with being a Christian, emphasizing the importance of love, compassion, and service to others. The hall echoed with heart-



felt prayers, creating an atmosphere of divine presence that enveloped every student present.

The impact of the retreat extended far beyond the individual sessions. Conversations lingered in the air, friendships were forged, and a profound sense of unity permeated the campus. The retreat had successfully transformed differences into strengths, creating an atmosphere where diversity was not just tolerated but celebrated. The participants had become ambassadors of understanding, spreading the message of acceptance and love throughout the college community.

In conclusion, the All Saints' Day spiritual retreat at Don Bosco Arts and Science College was not just an event; it was a transformative journey that transcended religious boundaries and nurtured a community where faith was a source of unity rather than division. Through the thoughtful guidance of the clergy, the students embarked on a spiritual exploration that enriched their hearts and minds. The retreat exemplified the true essence of All Saints' Day, where individuals from diverse backgrounds come together to celebrate the universal values of love, compassion, and unity. As the participants left the retreat, they carried with them not just the teachings of their faith but also the invaluable lessons of acceptance and love, which would continue to blossom within the college community and beyond, embodying the true spirit of All Saints' Day.

This wellness initiative has further strengthened the college's commitment to fostering an informed and empathetic student community, ready to tackle global health challenges head-on.



Elevating Souls: A Spiritual Retreat



In the serene ambience of Don Bosco Arts and Science College, Chennai, a profound spiritual retreat unfolded, leaving an indelible mark on the hearts and minds of the staff members. Guided by the wisdom of Rev. Fr. Dr. Stanislaus Swamikannu SDB, the retreat delved deep into the intricate facets of human nature, exploring themes like humility, ego management, and the art of being a blessing to others.

The retreat commenced with an insightful discourse on the age-old metaphor, "Putting the Cart in Front of the Horses." He adeptly elucidated how in life, it is essential to align our priorities and actions correctly, emphasizing the significance of a balanced approach to our endeavors. His words resonated, prompting profound reflection among the participants, fostering a sense of purpose and direction in their personal and professional lives. A pivotal topic explored during the retreat was the enigma of the ego and its management.

Rev. Fr. Dr. Stanislaus Swamikannu, skillfully navigated the complexities of human ego, shedding light on the importance of befriending one's ego rather than battling it. This newfound understanding empowered the participants to cultivate humility, compassion, and empathy in their interactions, thus nurturing a positive and supportive community within the college. The retreat reached its pinnacle with a profound discussion on the art of being a blessing to others. Rev. Fr. Dr. Stanislaus Swamikannu, shared inspiring anecdotes and teachings, illustrating how simple acts of kindness and generosity can create ripples of positivity, transforming lives and communities. Participants were encouraged to embrace a spirit of altruism, recognizing their potential to make a significant impact on the lives of those around them.

Rev. Fr. Dr. Stanislaus Swamikannu's teachings had not only illuminated their spiritual paths but also instilled a renewed sense of purpose, fostering a harmonious and nurturing environment within the college community. In essence, the spiritual retreat became a transformative journey, guiding the staff members towards a deeper understanding of themselves, their relationships, and their roles as educators. The echoes of this enriching experience lingered, reminding them of the importance of humility, empathy, and the profound impact they could have on the lives of others. The College stood enlightened, its staff members now equipped with a heightened sense of purpose, compassion, and a shared commitment to fostering a positive change in the world.

In the serene ambience of Don Bosco Arts and Science College, Chennai, a profound spiritual retreat unfolded, leaving an indelible mark on the hearts and minds of the staff members. Guided by the wisdom of Rev. Fr. Dr. Stanislaus Swamikannu SDB, the retreat delved deep into the intricate facets of human nature, exploring themes like humility, ego management, and the art of being a blessing to others.

The retreat commenced with an insightful discourse on the age-old metaphor, "Putting the Cart in Front of the Horses." He adeptly elucidated how in life, it is essential to align our priorities and actions correctly, emphasizing the significance of a balanced approach to our endeavors. His words resonated, prompting profound reflection among the participants, fostering a sense of purpose and direction in their personal and professional lives.

A pivotal topic explored during the retreat was the enigma of the ego and its management. Rev. Fr. Dr. Stanislaus Swamikannu, skillfully navigated the complexities of human ego, shedding light on the importance of befriending one's ego rather than battling it. This newfound understanding empowered the participants to cultivate humility, compassion, and empathy in their interactions, thus nurturing a positive and supportive community within the college.

The retreat reached its pinnacle with a profound discussion on the art of being a blessing to others. Rev. Fr. Dr. Stanislaus Swamikannu, shared inspiring anecdotes and teachings, illustrating how simple acts of kindness and generosity can create ripples of positivity, transforming lives and communities. Participants were encouraged to embrace a spirit of altruism, recognizing their potential to make a significant impact on the lives of those around them.

Rev. Fr. Dr. Stanislaus Swamikannu's teachings had not only illuminated their spiritual paths but also instilled a renewed sense of purpose, fostering a harmonious and nurturing environment within the college community. In essence, the spiritual retreat became a transformative journey, guiding the staff members towards a deeper understanding of themselves, their relationships, and their roles as educators. The echoes of this enriching experience lingered, reminding them of the importance of humility, empathy, and the profound impact they could have on the lives of others. The College stood enlightened, its staff members now equipped with a heightened sense of purpose, compassion, and a shared commitment to fostering a positive change in the world.



EMPOWERING

Student Leaders and Staff



Rev. Fr. John Alexander, the Vice-Provincial of Chennai, whose visit was a momentous occasion, as he animated and engaged with student leaders, staff, and the members of the management.

The highlight of the day was the animated interaction between Rev. Fr. John Alexander and the College's student leaders and representatives. With his wisdom and guidance, he ignited the spirit of leadership and instilled a sense of responsibility among the students. Recognizing their outstanding efforts and commitment, Rev. Fr. John Alexander also awarded prizes to the students, encouraging them to continue excelling in their roles as leaders.

Following the session with student leaders, Rev. Fr. John Alexander held a productive meeting with the College's Principal and Heads of various departments. This collaborative discussion allowed for the exchange of ideas and insights, fostering a stronger sense of unity within the institution. The directors of DICE, Physical Education, Library, and the Controller of Examination also participated in the meeting, contributing to the holistic development of the College.

One of the noteworthy segments of the day was the animation session for staff members, during which Rev. Fr. John Alexander explored the topic, "Are You a Good Listener?" The session emphasized the importance of effective communication and active listening, essential skills for personal and professional growth. Staff members actively participated, engaging in discussions and activities that enhanced their listening skills.



After the engaging sessions with both student leaders and staff members, Rev. Fr. John Alexander met with the college's management team. During this meeting, he shared valuable feedback and presented his vision for the college's future. His insights and guidance are expected to play a pivotal role in shaping the institution's direction and growth.

In conclusion, it was a day filled with inspiration, motivation, and fruitful interactions. His engagement with student leaders, staff members, and the members of the management reinforced the values and principles upheld by the institution.



Inauguration of the Devashayam Innovation Lab



The inauguration of the Devashayam Innovation Lab held on November 8th, 2023. This state-of-the-art computer lab is dedicated to furnish the creative talents of the students in the Department of Visual Communication and the Department of Computer Application. The benefactors Dr. Sheila Sathiakumar, Dr. Sathiakumar, and Dr. Cynthia Sugirtha Dharshini generously sponsored this innovative endeavor. Dr. Sheila Sathiakumar and Dr. Cynthia Sugirtha Dharshini had the honor of inaugurating the Devashayam Innovation Lab. The event was further graced by the presence of Rev. Fr. Raj Kumar SDB, Rector and Secretary, who welcomed the gathering with warm words.

An inspiring speech was delivered by Dr. Sheila Sathiakumar, which motivated the students and highlighted the lab's potential impact on their educational journey. The program was skillfully coordinated by Ms. Gayathri and Mr. Allen, ensuring a smooth and memorable inauguration. Mrs. Jacqueline Martin, Mr. Antony Rajivi, Mr. Harihanth, and Mr. Moses were instrumental to this project. The Devashayam Innovation Lab stands as a testament to the commitment to providing cutting-edge facilities and opportunities for the students, paving the way for their creative and academic excellence.



DBHEI ANNUAL CONFERENCE & GENERAL BODY MEETING 2023



The DBHEI Annual Conference & General Body Meeting 2023, held from November 10th to 12th at NBCLC, Bengaluru, revolved around the theme "Educating Our Young to Social Responsibility & an Entrepreneurship and Start-Up Culture." This three-day event encompassed various insightful sessions and discussions, shaping the future of education and instilling values in the youth.

The first day commenced with a spiritually enriching Holy Eucharist presided over by His Grace Most Rev. Dr. Peter Machado, Archbishop of Bengaluru. His sermon eloquently emphasized the importance of benevolence, an entrepreneurial spirit, and social responsibility, drawing inspiration from the parable of the good Samaritan. His message highlighted the need to identify our neighbors, give generously to society, and show compassion to the deserving and deprived.

Following this, Rev. Fr. Oscar L and Rev. Fr. Biju Michael, delivered a compelling message, stressing high focus, networking, intellectual formation, and inspiring leadership as essential qualities for educational leaders. Their words resonated with the importance of personal growth for students and the advancement of institutions and society as a whole.

Mr. Thejus Joseph, COO of FiiRE, GOA, delivered a thought-provoking speech on 'Fostering Entrepreneurship and Start-up Culture on Campuses'. He emphasized the potential of India's youth population, the need for long-term skill development, and the creation of a culture that encourages innovation and entrepreneurship. His insights shed light on the importance of institutional collaboration and creating an environment that nurtures future entrepreneurs. The first day concluded with group discussions inspired by



Mr. Thejus Joseph's input. These discussions resulted in key recommendations, including leveraging government support, tailoring skill development programs, establishing regional incubation centers, and ensuring financial backing for innovative initiatives.

The second day began with a Holy Eucharist led by Rev. Dr. Jose Koyickal SDB, focusing on "Mother Mary as the Educator of Souls." His sermon emphasized Mother Mary's leadership, simplicity, transparency, and the distinction between knowledge and wisdom. Educators were encouraged to nurture wisdom in addition to knowledge, shaping a holistic approach to education. A visit to Christ University highlighted its unique approach, including a focus on attitude, aptitude, skills, and knowledge (ASK), industry-based certifications, staff promotions based on research, and strong alumni support.

The third day featured Rev. Fr. Januarius S. Sangma SDB, discussing 'Don Bosco's Pedagogical Journey of Love and Education'. He emphasized the need for futuristic educational facilities, holistic education, prevention of social evils, integration of study, work, and social contribution, and a return to foundational values. The conference concluded with discussions on short-term and long-term action plans for DBHEI, emphasizing infrastructure development, quality culture, human resource management, and alignment with emerging trends in the National Education Policy.

In summary, the DBHEI Annual Conference & General Body Meeting 2023 was a transformative event, promoting a culture of social responsibility, entrepreneurship, and holistic education. It provided valuable insights and recommendations for shaping the future of higher education in India, empowering both students and institutions to thrive in a rapidly evolving world.





Webinar on First Impression is the Best Impression



The webinar, centered around the pivotal theme of "First Impression is the Best Impression," featured distinguished resource persons: Mr. Joshua Eugene, CEO of Atarah Connect, a prominent Talent Engagement Company, and Mrs. Grace Joshua, Director of Human Resources at Habitat for Humanity, India on 18 November 2023.

The meticulously organized webinar commenced with a focus on the art of crafting a compelling professional profile. Mr. Joshua Eugene, a seasoned expert in talent management, guided the audience through the nuances of presenting oneself effectively in the professional arena. Emphasizing the significance of a well-structured profile, he underscored its role as a critical element in leaving a lasting mark on potential employers.

Following the profile building segment, Mrs. Grace Joshua took the stage to delve into the essential components of building passion and developing requisite skill sets. Drawing from her extensive experience in human resources, she provided invaluable insights into the evolving landscape of the field, urging participants to cultivate a multifaceted approach to career development.

The core discussions revolved around the holistic integration of passion, skill development, and the exploration of diverse career opportunities. Participants were encouraged to align their passions with skill acquisition, fostering a proactive and strategic approach to career building. This approach, it was emphasized, not only creates a profound first impression but also serves as a foundation for sustained professional growth.

In conclusion, the webinar acted as a catalyst for self-discovery and empowerment, leaving participants with a renewed sense of purpose and direction. The combined expertise of Mr. Joshua Eugene and Mrs. Grace Joshua proved instrumental in guiding the audience towards a future of professional success. The event encapsulated the ethos that the "First Impression is indeed the Best Impression," setting the stage for the Don Bosco Arts and Science College community to embark on a journey of impactful and meaningful careers.





Navigating the Future with Generative AI



Don Bosco Arts and Science College in association with SURABI organised a webinar on, 'Navigating the Future with Generative AI' on 18 November 2023. As the future heavily relies on the artificial intelligence, integration of AI, in the field of education has become inevitable. Therefore, this webinar on generative AI, focused more on the ways that can help the upcoming generations to learn the nuances and to master the foundation of generative AI.

The speaker Mr. Manish Kulshreshtha, who has mastered the significant areas of the contemporary demands like, Product Management, Business Management, P&L Management, Programme Management in telecom, industrial and institutional sectors. Throughout the session, the speaker stressed the importance of empowering oneself with the basic understanding of generative AI and the ways to handle it for the betterment in upskilling oneself. Students from various institution actively took part in the session, thereby showing their eagerness in learning the updated advancements in AI. Thus, the webinar came to an upbeat ending, with the distinctive perception in the students about generative artificial intelligence.



Workshop on NAAC Accreditation



The Internal Quality Assurance Cell (IQAC) of Don Bosco Arts and Science College in Kilpauk, Chennai, took a significant step towards enhancing the institution's educational quality by organizing a workshop focused on NAAC (National Assessment and Accreditation Council) accreditation. The workshop, held on November 18, 2023, in the college's AV Hall at 9:30 AM, aimed to empower faculty members with the knowledge and skills needed to excel in the accreditation process.

Renowned academician, Dr. Ordetta Mandoza, former professor in the Department of Botany at Stella Maris College, Chennai, served as the distinguished resource person for the day. The event commenced with a warm and formal welcome address by Ms. Sanjana, the Head of the Department of Visual Communication.

Dr. Mandoza's presentation was a highlight of the workshop, offering faculty members a comprehensive and lucid overview of the various criteria set by NAAC for accreditation. To foster collaboration and teamwork, Dr. Mandoza divided the faculty into small groups, with each group consisting of four members. Each group was tasked with examining a specific NAAC criterion in detail.

In summary, the workshop on NAAC accreditation, was deemed highly productive and beneficial by all participants. It equipped faculty members with the knowledge and skills required to navigate the accreditation process successfully, reaffirming the institution's commitment to educational excellence.



UNIVERSITY OF MADRAS SEMESTER EXAMS



University of Madras semester examinations for all three years commenced on November 22, 2023.

The College administration extends its heartfelt appreciation to all the Heads of Departments (HODs) and staff members for their unwavering dedication and relentless support in preparing the students for these examinations. The collective effort and commitment of the faculty have played a pivotal role in nurturing the growth and academic development of the students.





Semester Department Evaluation



Semester department evaluation for the Dept. of English, Dept. of Commerce (Gen), Dept. of Visual Communication, and Dept. of Commerce (CS) from November 28 – 29, 2023 respectively between 10 a.m. and 2 p.m at Media Clinique. The evaluation was carried out by Ms. Abisha. X Dr. Gladstan. PD, Ms. Sanjana and Mr. Arunkumar the Heads of the respective departments, and it provided valuable insights into the progress and achievements of students in these programs.

The evaluation with precision and dedication, ensuring that the assessment process was thorough and objective. It served as a valuable platform for faculty members to collaboratively assess the strengths and areas of improvement within the programs.

Dr. Xavier Raja Rathinam, the Principal of Don Bosco Arts and Science College, provided crucial guidance and leadership throughout the evaluation process. His unwavering commitment to the institution's academic



Industrial Visit to Government Fine Arts College



A highly beneficial Industrial Visit (IV) was undertaken by the students of I M.Sc and I. B.Sc with a focus on practical subjects, including Digital Drawing and Painting, Graphic Design and Typography, and Creative Digital Illustration. This visit aimed to provide the students with exposure to real-world applications of their academic pursuits.

The primary objective of the Industrial Visit, conducted on October 10, 2023, was to immerse the students in a practical environment where they could witness and engage with various art forms. The chosen destination was the Government Arts and Science College, renowned for its diverse departments in Painting, Sculpture, Ceramics, Textile, Print Making, and Visual Communication.

The students were taken through a comprehensive tour of the six departments, accompanied by experts in each field. The experts delivered insightful lectures, elucidating the intricate processes involved in the creation of art within Painting, Sculpture, Ceramics, Textile, Print Making, and Visual Communication. This firsthand exposure aimed to bridge the gap between theoretical knowledge and practical application.

One of the highlights of the Industrial Visit was the collaborative sessions with students from Government Arts and Science College. Our students actively engaged with their counterparts, exchanging ideas, techniques, and experiences. This collaborative learning approach facilitated a dynamic exchange of knowledge and skills, enriching the overall learning experience.

The Industrial Visit proved to be exceedingly effective for our students. The direct interaction with experts, coupled with hands-on collaboration, provided invaluable insights into the practical aspects of their chosen fields. The exposure to different departments broadened their perspectives and deepened their understanding of the artistic processes involved. The Industrial Visit to Government Arts and Science College on October 10, 2023, was a resounding success. It served as a catalyst for the holistic development of our students in the realms of Digital Drawing and Painting, Graphic Design and Typography, and Creative Digital Illustration. The collaboration with experts and peers from the art community has undoubtedly contributed significantly to their academic and professional growth. This endeavor aligns with our commitment to providing a well-rounded education that extends beyond the classroom, preparing our students for the dynamic and evolving demands of the creative industries.





An Inspiring Journey of Dedication



Shreehamshini G. B.com (CS) 1st Year Shines in CSEET-2023 Exam

In a remarkable achievement, Shreehamshini G. from the first year of B. Com (CS) has cleared the Company Secretary Executive Entrance Test (CSEET) - 2023, setting a stellar example of dedication and hard work for students everywhere.

CSEET is a prestigious examination that serves as the first step towards becoming a Company Secretary, a coveted profession in the corporate world. Shreehamshini's success in this examination not only demonstrates her academic prowess but also stands as an inspiration to aspiring students striving for excellence. Shreehamshini's outstanding performance in the CSEET-2023 exam is a testament to her dedication, commitment, and relentless pursuit of success. Her achievement serves as a shining example of what can be accomplished through hard work and perseverance.

"We congratulate Shreehamshini's on her exceptional achievement in the CSEET-2023 exam," said Dr. Krishna Murthy, Sri Krish International School. "Her success reflects the high standards of education and mentorship we provide at our institution. Shreehamshini's accomplishment serves as a source of inspiration and motivation for all our students. "The journey to success is not solitary, and Shreehamshini's family and the dedicated staff members at [Your School/Institution Name] have played a pivotal role in supporting and motivating her throughout her academic journey. Their unwavering encouragement and guidance have undoubtedly contributed to her remarkable achievement.

"We extend our heartfelt gratitude to Shreehamshini's parents and our dedicated staff members for their continuous support and motivation," added Dr. Krishna Murthy, Sri Krish International School. "Their role in nurturing and shaping her success cannot be overstated. "Shreehamshini's success in the CSEET-2023 exam not only marks a personal triumph but also serves as a beacon of hope for aspiring students aiming to excel in their academic pursuits. Her dedication, hard work, and perseverance are a source of inspiration for all, reminding us that with the right guidance and unwavering determination, success is within reach. As Shreehamshini embarks on the next phase of her academic and professional journey towards becoming a Company Secretary, her success story will continue to inspire and motivate students to strive for excellence and reach new heights.





Sanjana Muralidharan

Head & Asst. Professor, Dept. of Visual Communication

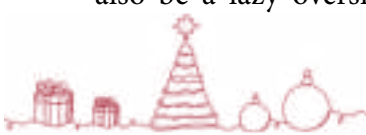


In the age of digital indulgence, resisting the seductive charm of the selfie is as rare as finding a unicorn in your backyard. A nonchalant scroll through my Instagram feed today, revealed a kaleidoscope of self-portraits, each narrating a unique chapter in the lives of my eclectic friends and acquaintances. From a daring "Auto Ride on a Rainy Day" to the laid-back charm of a "Lazy Sunday Morning" confined to the cozy embrace of a bed, the selfie culture has morphed into more than just a passing fad. It's now a reflexive celebration of every conceivable occasion, a 21st-century memoir captured in pixels.

These selfies have woven themselves into the fabric of our existence, documenting both the mundane and the monumental. Whether it's an exam, a viva, a snooze-inducing class lecture, a cramped public transport ride, a sombre funeral, a jubilant birthday bash, a tear-jerking wedding, or a shopaholic's spree—there exists a selfie for every nook and cranny of our life's tapestry. The selfie has transcended language, becoming a universal dialect that defies cultural and geographical confines.

As we bask in the seemingly innocent act of self-documentation, an ominous undertow reveals itself. Instances of individuals perilously teetering on the brink for that perfect rooftop selfie or callously snapping pictures amidst an accident scene raises an unsettling question: Where is the selfie culture steering us? What was once a tool for self-expression, now casts a shadow, where the hunger for online validation eclipses even the most basic humanitarian values. While some find contentment in a solitary selfie, others are enticed by the siren call of reactions and validations.

In this ever-evolving panorama of digital self-expression, dismissing all selfies as inherently negative would also be a lazy oversimplification. For many, these selfies are avenues of communication, vessels cradling



cherished memories, or billboards championing positive body images and values. As we navigate the labyrinth of the selfie phenomenon, a pivotal question arises: when does this seemingly innocent act of self-capture spiral into something more intricate? The crux, I've discovered, lies in maintaining a semblance of control over the act of self-documentation.

It's a familiar pattern with digital phenomena that the initial ecstasy of engagement morphs into a gripping addiction, leading to an eerie loss of self-awareness. Dr. William Van Gordan's expedition into the realms of social media interactions unearths a novel addiction called "ontological addiction", where individuals find themselves shackled to their own existence. The artfully designed rewards, showered in the form of digital "Likes," create a perpetual cycle, compelling individuals to incessantly seek affirmation through social media engagement.

The emergence of "selfitis," a psychological disease marked by an insatiable hunger to snap and share selfies across social realms, bears testimony to the darker side of this digital dalliance. This affliction, predominantly afflicting the teenage cohort, isn't a trifling matter; it can spiral into dire consequences, from tragic endings to the harrowing clutches of body dysmorphic disorder. The soaring prevalence of this condition rings alarm bells, urging a nuanced exploration of the selfie culture's impact on mental well-being.

The bombshell revelation of "dopamine-driven feedback loops" by the ex-Facebook executive, Chamath Palihapitiya, throws a spotlight on the intentional engineering of platforms to exploit our psychological vulnerabilities. The palpable guilt voiced by Palihapitiya triggers introspection into the ethical dilemma surrounding the creation of platforms that surreptitiously nurture the addictive essence of social media engagement.

As we waltz through the multifaceted realm of selfies, it's imperative to transcend facile judgments. The journey requires acknowledging the intricate interplay between self-expression, validation, and the delicate fabric of mental health. By unearthing the potential pitfalls lurking in the alleyways of unchecked engagement with selfie culture, we can foster a more conscious and responsible approach to our digital self-portraiture. It's time to revel in the positive allure of selfies while remaining vigilant, navigating the digital age with authenticity and mindfulness.



“

The realms of social media interactions unearths a novel addiction called "ontological addiction", where individuals find themselves shackled to their own existence.

Dr. William Van Gordan

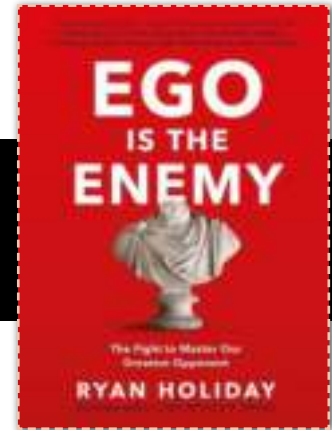
”



Ego Is the Enemy

by

Ryan Holiday



Ryan Holiday, in his insightful work *Ego Is the Enemy*, delivers a profound examination of the pitfalls of unchecked ego and offers guidance on embracing stoicism to navigate the tempests of life. The book, which is the second in his trilogy on Stoicism, serves not just as a philosophical treatise but as a practical guide for personal growth and self-improvement. Through ten meticulously outlined lessons, Holiday dissects the myriad ways in which ego can be a detriment to our personal and professional development. The author convincingly argues that ego acts as a barrier to learning, blinds us to our weaknesses, fuels impulsivity, and breeds arrogance. Holiday's incisive narrative illustrates how these traits, if left unchecked, can stifle our potential and lead to a life of dissatisfaction and unfulfilled ambition.

One of the book's greatest strengths lies in its relatability; Holiday writes with a clarity that resonates with the reader, making the concept of ego not just an abstract notion but a tangible force that affects our daily lives. He unearths the subtle ways in which ego can manifest, from an overreliance on external validation to the poisonous tendrils of jealousy and vindictiveness.

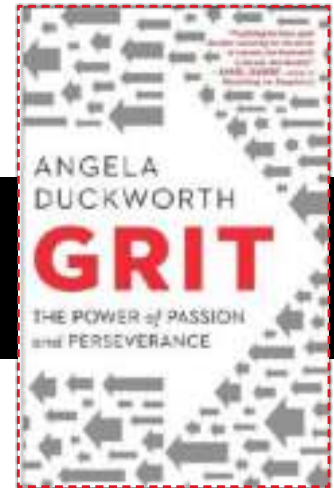
Moreover, *Ego Is the Enemy* does not leave the reader in the dark after diagnosing the problem. Holiday offers a salve in the form of actionable advice. He emphasizes the importance of humility, the value of feedback, and the necessity of self-awareness. His approach is not one of overnight transformation but of gradual, consistent effort and introspection. The book is peppered with historical anecdotes and contemporary examples that enrich the narrative, making the lessons both engaging and memorable. Holiday's prose is both eloquent and accessible, making the book a valuable resource for readers from all walks of life, whether they are familiar with Stoic philosophy or encountering it for the first time.

It is a book that does not merely illuminate the shadows cast by ego but also lights a path forward toward a more enlightened and fulfilling existence. Holiday's work is a testament to the transformative power of self-reflection and the enduring wisdom of Stoicism. It is a must-read for anyone seeking to cultivate a life of purpose, resilience, and genuine achievement.



Grit: The Power of Passion and Perseverance

by
Angela Duckworth



In *Grit: The Power of Passion and Perseverance*, Angela Duckworth delves into the profound and often underappreciated qualities that underpin success. Eschewing the common misconception that talent alone paves the way to achievement, Duckworth presents a compelling case for grit – a harmonious blend of passion and perseverance – as the true cornerstone of success.

Duckworth's discourse, underpinned by rigorous research and enriched with captivating anecdotes, dismantles the myth of innate talent as a sole predictor of success. Instead, she posits that grit, a learned trait honed through dedication and practice, is paramount. This narrative arc forms the bedrock of ten transformative lessons that Duckworth imparts, each illuminating the multifaceted nature of grit and its indispensability in various walks of life.

One of the book's most illuminating revelations is that grit is not the exclusive province of the young or the exceptionally gifted; rather, it can be cultivated at any stage of life. Duckworth dissects grit into its constituent elements: passion, effort, hope, and purpose. This granular examination allows readers to understand and internalize each component, making the concept of grit tangible and actionable.

Duckworth's treatment of grit is refreshingly realistic. She does not equate it with perfection or solitary struggle; rather, she acknowledges the intrinsic value of making mistakes, the inevitability of setbacks, and the importance of a supportive community. These insights offer a more holistic and attainable vision of grit.

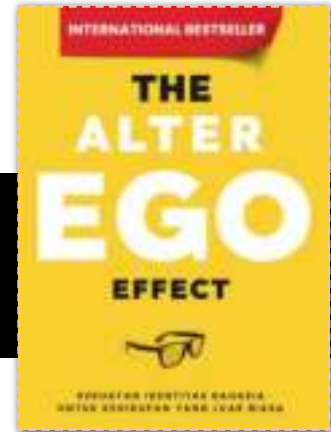
It serves as a beacon, shining a light on the infectious nature of grit. Duckworth convincingly argues that witnessing grit in others can ignite our own determination, creating a virtuous cycle of resilience and perseverance. Perhaps the most salient point that emerges from Duckworth's narrative is that grit, despite its challenges, is unequivocally rewarding. The development of grit not only propels us towards our goals but also engenders a sense of fulfillment and purpose, enriching our lives in profound ways.

Angela Duckworth's *Grit* is a masterclass in the psychology of achievement. Her articulate prose, combined with a firm grounding in research, makes for a compelling and insightful read. This book is an invaluable resource for anyone – from students to entrepreneurs to parents – seeking to understand the mechanics of success and the indomitable power of passion and perseverance. *Grit* is a testament to the human spirit's capacity to overcome and triumph, making it an essential addition to any personal development library.



The Alter Ego Effect

by
Todd Herman



In *The Alter Ego Effect*, Todd Herman introduces a transformative concept that challenges conventional self-help narratives. With a blend of psychological insights and motivational anecdotes, Herman presents the alter ego as a catalyst for personal and professional triumph.

Herman's thesis rests on the compelling notion that everyone possesses an inner heroic self, an alter ego, that when harnessed, can propel us toward our highest aspirations. He demystifies the process of alter ego creation, emphasizing that it is not an escape from reality but a strategic tool for self-empowerment.

The ten lessons articulated in the book serve as a blueprint for readers to craft their own alter egos. Herman guides us through the creation process, encouraging us to draw inspiration from admired figures, whether fictional or real, and imbue our alter egos with the traits we aspire to embody. This process is not just imaginative but deeply introspective, prompting a reflection of our core values and goals.

What makes *The Alter Ego Effect* particularly resonant is its practicality. Herman doesn't just theorize; he offers actionable steps to integrate the alter ego into daily life. He suggests that invoking our alter egos can serve as a powerful antidote to self-doubt, fear, and inertia, allowing us to navigate life's challenges with resilience and grace.

Moreover, Herman delves into the psychological underpinnings of the alter ego, illustrating how it can serve as a conduit to our higher selves, unlocking wisdom and capabilities that lie dormant within us. This notion of tapping into an almost superhuman reservoir of potential is both intriguing and inspiring.

The book transcends the realm of personal development, extending its relevance to professional arenas as well. Herman elucidates how an alter ego can be an asset in goal attainment, decision-making, and cultivating resilience – traits indispensable in any career.

A bonus lesson adds a touch of levity to the profound narrative, reminding us that while the journey to self-improvement is critical, it should also be enjoyable. The alter ego is not just a warrior in the battle of life; it is also a companion in the dance of life. *The Alter Ego Effect* is not just a self-help book; it's a manifesto for self-reinvention. Herman has crafted a narrative that is both intellectually stimulating and immensely practical, offering a novel approach to personal development. This book is a must-read for anyone seeking to unlock their hidden potential and step confidently into the arena of their dreams.





DON BOSCO ARTS AND SCIENCE COLLEGE
AFFILIATED TO UNIVERSITY OF MADRAS

CO-ED