

# DON BOSCO ARTS AND SCIENCE COLLEGE

Affiliated to University of Madras



**“MAKE ME”  
AN INSTRUMENT OF PEACE** - St-Francis of Assisi



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## My dear professors and loving students,

The month of September brings to our minds three important moments: Feast of our Mother of Vailankanni, Teachers' day and Feast of Mother Teresa.

First of all, I would like to wish all our amazing educators who are guiding us, supporting us, and inspiring us to reach for our dreams, "Happy Teacher's Day"! Thank you, my dear teachers, for being beacons of knowledge, wisdom, and encouragement. We're lucky to have you in our lives! Wishing you a wonderful Teacher's Day and a year filled with joy, success, and continued inspiration!

My dear loving girls and boys, as college students, we know that learning goes beyond the classroom. Our professors have been your mentors, role models, and friends, helping you navigate the ups and downs of academic and personal life. This is the moment to express your heartfelt gratitude for all that they do. Their dedication, patience, and passion for teaching have made a significant impact on your lives. They have helped you discover your strengths, overcome your weaknesses, and develop into capable and confident individuals.

Month of September also brings to our mind great and inspiring St. Mother Teresa. As an outstanding teacher, Mother Teresa's influence extends far beyond the classroom, inspiring a global movement of love, compassion, and service to the poorest and marginalized. Mother Teresa's lasting legacy as an outstanding teacher includes:

- *Selfless love and compassion:* She taught us to love and serve others without expecting anything in return



- *Humility and simplicity:* She lived a simple life, demonstrating that true greatness lies in humility and service.
  - *Empathy and kindness:* She showed us the importance of treating everyone with kindness, respect, and dignity.
  - *Faith and spirituality:* Her deep faith and spirituality inspired countless people to explore their own spiritual journeys.
  - *Service to the marginalized:* She taught us to prioritize the needs of the most vulnerable members of society.
  - *Holistic education:* She believed in educating the whole person - body, mind, and spirit.
  - *Inspiring generations:* She inspired a global movement of young people to follow in her footsteps and serve others.
  - *Courage and perseverance:* She faced numerous challenges but remained steadfast in her commitment to serving others.
  - *Embracing suffering:* She taught us to embrace suffering as a means of growing closer to God and serving others.
  - *Leaving a lasting impact:* Mother Teresa's legacy continues to inspire and transform lives around the world.
- May our Blessed Mother of Vailankanni, our Lady of Health, protect and guide all of you and your families. God bless you all!



Affly in Don Bosco,  
Rev. Fr. Jayapalan SDB  
Rector



September 2024

# Nurturing a New Generation of Leaders: Values, Skills, and Soul

The tapestry of our world is being woven by a new generation-Generation Z and Alpha-a cohort often labelled as 'digital natives'. While their technological prowess is undeniable, there's a growing concern about the erosion of traditional values, the decline of work ethic, and a seeming detachment from the tangible world. As youth leadership coaches, our role transcends mere skill development. It's about igniting a spark within young minds, helping them discover their purpose, and equipping them with the tools to navigate a complex world with integrity and competence.

## The Moral Compass



We live in an era where moral relativism is rampant. Right and wrong seem increasingly blurred. Yet, a strong moral compass is the bedrock upon which successful and fulfilling lives are built. It's essential to instil in our youth the understanding that while the world may be changing rapidly, certain core values remain constant: honesty, integrity, compassion, respect, and responsibility.

One of the most effective ways to cultivate these values is through storytelling. Sharing anecdotes of historical figures who exemplified these traits can inspire young people to emulate them.



For instance, the story of Nelson Mandela, a man who endured immense hardship but emerged as a symbol of forgiveness and reconciliation, can be a powerful catalyst for character development.

Moreover, we must create spaces for open dialogue about values. This involves asking thought-provoking questions, encouraging critical thinking, and fostering a culture of respect for diverse perspectives. By engaging young people in these conversations, we empower them to develop their own moral frameworks.

## The Art of Communication

Effective communication is a cornerstone of success. It's the bridge between ideas, people, and opportunities. Yet, the prevalence of digital communication has led to a decline in face-to-face interaction and a corresponding deterioration in communication skills.



To address this, we must prioritize verbal and non-verbal communication training. Role-playing exercises, public speaking opportunities, and active listening workshops can significantly enhance communication abilities. I recall a young woman I mentored who was initially shy and hesitant to speak in public. Through consistent practice and encouragement, she transformed into a confident and articulate leader.

Beyond verbal communication, emotional intelligence is paramount. It's the ability to understand and manage one's own emotions, as well as to empathize with others. By teaching young people to recognize and regulate their emotions, we equip them with the tools to build stronger relationships, resolve conflicts peacefully, and make sound decisions.

### Work Ethic: A Cornerstone of Success



The adage 'hard work pays off' is timeless. Yet, in an era of instant gratification, cultivating a strong work ethic can be challenging. It's essential to instill in young people the value of perseverance, discipline, and delayed gratification.

Practical experiences, such as volunteering or part-time jobs, can be invaluable in developing a strong work ethic. These opportunities allow young people to understand the importance of contributing to a team, meeting deadlines, and overcoming obstacles.

Additionally, we must shift the mindset from viewing work as a burden to seeing it as an opportunity for growth and fulfilment. By emphasizing the intrinsic rewards of hard work,

such as a sense of accomplishment and personal satisfaction, we can inspire a new generation of dedicated and passionate workers.

### Balancing Confidence and Humility



Confidence is essential for success, but it must be tempered with humility. Arrogance can be a significant obstacle to personal and professional growth. It's crucial to help young people develop a healthy sense of self-worth without becoming overconfident.

Mentorship and role modelling can play a vital role in fostering this balance. By showcasing the qualities of confident yet humble leaders, we can inspire young people to emulate these traits. Additionally, encouraging self-reflection and providing constructive feedback can help young people develop a realistic view of their strengths and weaknesses.

### Conclusion

Nurturing a new generation of leaders requires a holistic approach that addresses not only cognitive abilities but also character, emotional intelligence, and work ethic. By focusing on values-based development, communication skills, and a strong work ethic, we can empower young people to become responsible, compassionate, and successful citizens.

It's a challenging task, but the rewards are immense. When we invest in the growth of our youth, we invest in the future of our society. Let us commit to being the mentors, coaches, and role models that this generation needs.

**Rev. Fr. Raj Kumar SDB**  
Secretary and Treasurer



## A journey of a thousand miles must begin with the first step.”

A single decision can change or destroy your life. A step in the right direction can lead to a place of fulfilment and success. There lies the power of small steps and making decisions. By starting with small and easy decisions, one can build momentum and confidence without feeling overwhelmed. It's all about creating a sense of accomplishment and progress, rather than trying to make a drastic change that can be intimidating. By making tiny adjustments, like changing your wake-up time by 15-30 minutes each day, you can create a habit that eventually becomes second nature. This approach can help you overcome the inertia of staying stuck in your current state and ultimately lead to more significant transformations in your life.

The idea that major transformations happen overnight is a myth. Real change comes from consistent, small, and incremental efforts over time. "Slow and steady" is the key to achieving big results. By focusing on making small improvements each day, you can create a snowball effect that leads to significant



progress. "Always walk one mile extra than the usual" - it's all about pushing yourself just a little bit further each day to achieve your goals.



- Lao Tzu

But sometimes, change happens so slowly that it's easy to forget where you've come. Reflecting on our journey and acknowledging the small wins along the way can be incredibly empowering and motivating. It's a reminder that we are capable of achieving our goals and that the small steps we take each day can add up to make a big impact. By taking time to reflect on our progress, we can celebrate our successes, learn from our setbacks, and stay focused on our goals.

Building character is crucial in overcoming obstacles and achieving success. Perseverance is a key component of grit, and it's what sets people apart from those who may have natural talent or intelligence. The power lies in taking consistent, small steps towards the goal, even when it's hard and slow. It's not about having a certain quality, but about developing the habits and mindset that allow you to push through challenges and keep moving forward. It is worth more than any natural talent or gift - it's what sets people up for long-term success and fulfillment. Perseverance is the strongest predictor of success. It's nothing you have, it's what you do.

**Dr. S. Xavier Raja Rathinam**  
Principal

**All the best**

## Blessings of being a Teacher

Each year, on the 5th of September, India comes together to observe National Teacher's Day, a special occasion dedicated to honoring and acknowledging the invaluable contributions made by teachers to society. We remember two great people on the same day Saint Mother Theresa and Dr. Radhakrishnan. Both of them are great role models who were also educationists and inspired society. There are few professions that allow making a tangible difference in the lives of others. Teaching is one of them. The benefits of becoming a teacher are limitless! As a teacher, you'll experience the indescribable joy of seeing your students succeed, knowing you played an integral role in their achievements. Becoming a teacher comes from a genuine passion for education, a desire to make a positive difference in students' lives, and a commitment to shaping the future generation. Teaching allows you to nurture young minds and inspire generations, giving you the chance for growth and the capacity to make a lasting contribution to society. An inspirational teacher can create a great impact on Students and the Next Generation. A Teacher ignites the fire of knowledge in students' hearts and minds, Shapes future leaders, thinkers, and creators, Inspires, encourages, and molds responsible, successful, and compassionate citizens.

### The following are some exciting roles Teachers play :

- **Teachers are Instructors:** Teachers have the knowledge and skills necessary to inspire learning in their students. They use effective teaching techniques to give pupils the tools they need to excel academically by assisting them in understanding complex ideas and filling knowledge gaps.



**Teachers are Facilitators:** Teachers create an environment encouraging active participation, collaboration, and critical thinking among students.

**Teachers are Mentors:** Teachers play an essential role in children's social and emotional development by promoting positive values such as empathy, kindness, and respect. As a teacher, instilling these values and social skills in children will benefit them throughout their lives by setting clear standards and demonstrating good behavior.

**Teachers are Role Models:** Students often look up to their teachers by observing their actions and attitudes. Teachers serve as positive examples by demonstrating values, behaviors, and attitudes that students can emulate.

**Teachers are Counselors:** Teachers guide and support students in their personal, social, and emotional development.

**Teachers are Collaborators:** Teachers work with colleagues, parents, and the community to provide students with a holistic and supportive learning environment.

**Rev. Fr. Sagayaraj Kasi SDB**  
Vice Principal





## Orientation Program on Personality Development

**Personal development is a major time-saver. The better you become, the less time it takes you to achieve your goals. – Brian Tracy**

On 1st August 2024, the Career Guidance and Placement Cell from Don Bosco Arts and Science College, Kilpauk in Association with Gillette organised an one-day orientation program on Personality Development in Fr. Schoolz AV Hall at 10:00 am. **Mr. Michael Stalin.P (Coordinator of Career Guidance and Placement Cell)** organised the Orientation program on Personality Development. The objective of the orientation program was to equip students with the skills and knowledge necessary to develop a positive and healthy personality, which will help them navigate the challenges of academic and professional life. The resource person for the day was **Mr. Vignesh** from Gillette, who oriented students on their personality development.



The ‘ABCD’ of personality development was highlighted where ‘A’ stands for Appearance, ‘B’ for Body language, ‘C’ for Communication and ‘D’ for Dress code. He also emphasised on the significance of grooming oneself before an interview. The students were also oriented with tips to handle interview questions thus giving them a comprehensive overview about personality development. Eighty students participated in this orientation program and they benefited from it.



## First Friday Mass

**“ Be like a bamboo ,possessing tolerant attitude in times of trials and struggles”**



The Peace and Harmony Club on 2nd August 2024 conducted the first Friday mass at Don Bosco College of Arts and Science, in the Bicentenary hall led by **Rev.Fr.Jose, SDB** and the Campus Minister **Rev. Fr. Oswalt Devadass, SDB**. The purpose of the mass was to reflect and meditate the word of God. The staff in charge of organising the mass were Ms. Immaculate Catherine Anita. A ( Assistant Professor of English) and Ms.Varsha E(Assistant Professor of Visual Communication ). Over a hundred college students participated in the Eucharistic celebration.

The homily focused on the importance of *unwavering faith and commitment to the teachings of Christ*.

The mass began with a serene ambiance, setting the tone for spiritual reflection. The first reading, taken from **Jeremiah 26: 1-9** focused on turning back to the Lord from our sinful ways. The Responsorial Psalm, drawn from **Psalms 69: 5, 8-10**, echoed that the zeal for God will bring us closer to heaven and his will. The college choir enhanced the liturgical celebration, filling the bicentenary hall with hymns of praise that lifted the spirits of all present. The melodies and lyrics echoed the essence of the theme, encouraging the faithful to embrace Christ's teachings with zeal and dedication. The Eucharistic celebration was a reminder of the college's commitment to fostering a community rooted in faith and values. As the mass concluded, the sense of unity and spiritual rejuvenation was palpable among the participants. This First Friday Mass was a religious observance and a reaffirmation of the college's mission to nurture a faith-driven academic environment.

## Fresher's day for Commerce ( General )



The second and third-year students of B Com General collaborated and hosted a memorable

**“I hope you realise that every day is a fresh start for you. That every sunrise is a new chapter in your life waiting to be written.”**  
- Juansen Dizon

Freshers' Day for the first year students on 2nd August 2024 at SIGA hall from 11.30 am onwards. The event aimed to bridge the gap between seniors and juniors. 150 students participated in the celebration.

The fresher's day began with a warm welcome for the first-year students. The college Principal **Dr. S.Xavier Rajarathinam** emphasised that students are blessed to pursue their higher studies and encouraged them to pursue their goals with passion and dedication. Through ice-breaking sessions and competitions, the seniors created a sense of unity and camaraderie among the students. It was a memorable day for all the students as it laid a strong foundation for their academic and social journey ahead.

## Code to Career -A Guide to IT Placement Success



The Department of Computer Application organised a guest lecture on “Code to Career - A Guide to IT Placement Success “ on August 7, 2024, at AV Hall from 11.00 am onwards. The lecture aimed to educate students on the scope of computer applications in today's world

and provide guidance on achieving success by getting placed in IT sectors. The Guest lecture was organised by Ms.Rajalakshmi (assistant professor and Head of the Department of Computer Application ). The chief guest for the guest lecture was Mr.Jayaprakash Nagathapandian, Co-founder of ATC Technologies.

The chief guest, **Mr. Jayaprakash Nagathapandian**, elaborated on the essential skills required to succeed in the IT field, highlighting the expectations of industries from current graduate students. **This insightful address provided a comprehensive overview of the industry's expectations, benefiting students by giving them a clearer understanding of what they need to possess to succeed in the field.** Almost eighty students attended the guest lecture and found it relevant to today's professional world.

## Orientation Program by DICE



An orientation program was organised by the Don Bosco Institute of Career Excellence (DICE) on August 7, 2024, at the Bi-centenary Hall. The main objective of the orientation program was to welcome students who have registered for the various courses offered by the institution. The students were oriented by **JDAX academy and Vanama trust**. They gave a holistic

overview about the various courses offered during the academic year 2024 -2025. The program also provided students with an **overview of the Union Public Service Commission (UPSC), Staff Selection Commission (SSC), and other competitive exams, offering valuable insights and guidance on how to prepare for these exams.**



## Orientation and Inauguration of Viscom Department



The Department of Visual Communication on August 8, 2024 organised an orientation and inauguration program for the new batch of UG and PG visual communication students at Bi-Centenary hall from 11.20 am. The program's main objective was to introduce students to the department, its achievements, and the various facilities provided to the students. The chief guest was **Mr.Vivek Prasana, a renowned film actor and cinematographer.** While addressing the students he emphasised that students use opportunities presented to them. He further shared his experiences and insights from the industry. The event benefited 100 students, leaving them motivated and eager to start their academic year with achievements.



## Bridge of Creativity in Multimedia

The Department of Visual Communication in collaboration with the Institution and Innovation Council (IIC) organised a talk on **Bridge of Creativity in multimedia** on August 9, 2024 at Bi-Centenary Hall. from 11.30



am, The resource person was **Mr.Logeshwaran.U**(Technical Head &VFXtrainer ). The main objective of this talk was to emphasise the importance of creativity in multimedia. Mr. Logeshwaran highlighted how creativity can be leveraged using multimedia in order to produce innovative outcomes and bring out the best in one's creative work .The event benefited 100 students who gained new perspectives on the role of creativity in multimedia and students were inspired to apply their skills in innovative ways.



## Inauguration of Tamil Puthalvan scheme

Don Bosco Arts and Science College telecasted live streaming of **Tamil Puthalvan Scheme** for Boys which was inaugurated by **Tamil Nadu Chief Minister MK Stalin** on August 9, 2024 at 11.00 am. **The objective of this**

**scheme is to provide monthly assistance of Rs 1000 for college students who have completed their high school studies from government and government-aided schools.** Under the guidance of The Principal of the college Dr. S.Xavier Rajarathinam and the staff in charge of the Tamil Puthalvan scheme **Mr. Manivalan S R** , (Assistant Professor, Department of English) the



inauguration of the scheme was telecasted. Eligible students from our college have benefited from this scheme.

## QUIZMANIA 2024

The Department of Corporate Secretaryship on August 9, 2024, organised quiz competition as a part of their association activity in SIGA hall at 11.30 am . The main objective of the competition was to test students' general knowledge. The convenor of the event was Ms.Lavanya. D. (Assistant professor & Head of corporate secretaryship) and the student coordinators were Mr.Hemanth from third year B.COM Corporate Secretaryship (Department secretary ) and the joint secretary Ms.Bidipta Patra from second year B. COM Corporate Secretaryship. The competition witnessed 85 participants who participated with great enthusiasm and great zeal in answering questions on various topics including history, geography, science, and technology. The competition was well-organised, and the participants were provided with a comprehensive set of questions that tested their general knowledge. The event was a huge success, with the top three winners receiving prizes and certificates for their outstanding performance.



## Library Visit to Anna Centenary

The final year students of B A English went on a library visit to Anna Centenary on August 9th, 2024. The main objective of the Library visit was to inculcate the habit of reading and to explore various genres of books. The peaceful atmosphere of the library encouraged the students to develop a habit of reading books, introducing them to the vast world of literature and promoting a lifelong love for learning.



## Social Outreach Programme

On August 10, 2024, the **various clubs and department associations from Don Bosco Arts and Science College embarked on a social outreach program, aiming to make a positive impact on the community.** This initiative was a testament to the college's commitment to fostering a sense of social responsibility among its students. The program involved students visiting nearby locations such as **Chetpet, T.P.Chatram, and Choolaimedu, where they conducted awareness sessions on health and hygiene, and emphasised the importance of education.** Additionally, they also took a survey to gauge the community's understanding of these essential aspects.



## College Common Assembly



On 12th August 2024 the second-year students of the corporate secretaryship came together to organise the common assembly, The rector of the college, **Rev. Fr. Jayapalan Raphael, SDB**, addressed the students by quoting Mahatma Gandhi's famous saying "Be the change that you wish to see in the world". He further highlighted that students should set an example to others regarding punctuality, cleanliness, and hygiene. He shared inspiring anecdotes from the life of Rajiv Gandhi, the former prime minister of the country, and APJ Abdul Kalam, the former president of our country who always set an example for others. In the same way he requested the students to be an example to others.



## National level Digital Journalism Workshop conducted by AICUF

The AICUF and Department of Visual Communication at Loyola College, Chennai, hosted a



National-level Digital Journalism Workshop from August 12th to 15th, 2024. Five students from Don Bosco Arts and Science College attended the workshop, which featured sessions led by experts on topics such as prosumers, infotainment, social empowerment, photography,

lighting techniques, sound, digital magazine design, and creating short videos. The workshop concluded with a flag hosting ceremony and an Independence Day speech, followed by a review of the students' work at Loyola College and the distribution of certificates to all participants.



**August 14 to 15, 2024**

## Educational Tour

The Educational tour to Coorg on the 14th and 15th of August includes visits to the Golden Temple, a magnificent Buddhist monastery, Abbey Falls in Madikeri, Nisargadhama Park, and an evening DJ Light event. The itinerary also features off-road trekking in Madikeri, a campfire, a visit to Harangi Dam, General Thimmaiah Museum and Devaraja Market. The educational tour is to provide students with practical exposure about everyday life enhanced learning, and offer career insights, while also fostering broadening cultural perspectives.



The Organising secretaries for this event are Mr. John Benjamin Kirubhakaran and Mr. Mathews, with Ms. Lavanya as the convenor, from the Department of Commerce (Corporate Secretaryship). Forty-five students along with three staff attended these events and greatly benefitted from it.



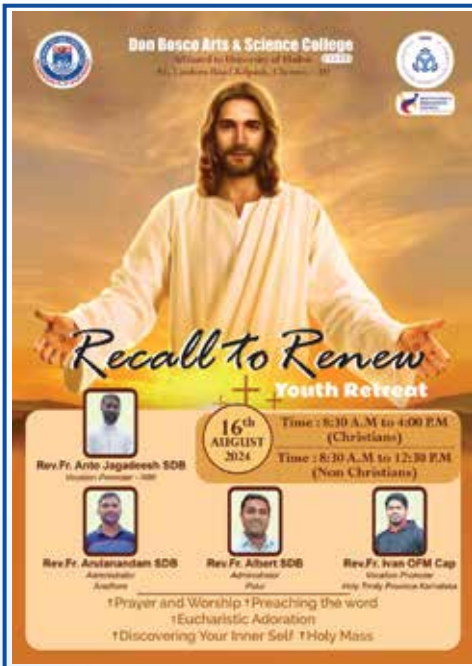
## Independence Day Celebrations



Don Bosco Arts and Science College celebrated its 78th Independence Day celebrations on 15th August 2024 at the college campus. The main purpose was to recall the struggles and heroic sacrifices of the freedom fighters. The chief guest was **ADV (Capt) V J Pushpakumar**. He inspired the students with a powerful speech highlighting the struggles and sacrifices made by the freedom fighters, emphasizing that their hard work has led to the country's freedom and its people enjoying a happy life today. The celebration brought together 150 students, staff members, and non-teaching staff members, fostering a sense of patriotism and unity among the college community.



## Annual Spiritual Retreat for students



On 16/08/2024, 150 Catholic Students gathered for a spiritual retreat under the theme "**Recall to Renew.**" The main purpose of the retreat was to reflect, deepen students' faith, and strengthen their relationship with god.

The retreat began with the Adoration. **Rev. Fr. Anto John Jagadish** was the preacher of this youth retreat. Then, he introduced the theme, "**Recall to Renew.**" The theme was chosen to encourage catholic students to reflect on their past experiences, renew their commitment to their faith, and embrace spiritual growth.

The highlight of the retreat was the celebration of the Holy Mass, which served as a central moment of the day. The Mass was celebrated by Fr. Anto Jagadish who delivered a powerful sermon emphasizing the importance of renewal in our spiritual lives. He urged the students to recall the moments where they felt closest to God and to use these

memories as a source of strength to renew their faith. Throughout the day, various sessions and activities were held, including, confession, personal reflections, and prayer sessions. These activities were designed to help the students connect more deeply with the theme and apply its message to their daily lives.

The Non -Catholics also had a one day youth retreat simultaneously from 8:30 AM to 1:30 PM in College AV Hall, Deepagam Hall, DBICA Hall was animated by **Rev . Fr. Arulanandam SDB**, Administrator , Anatform, **Rev. Fr . Albert SDB**, Administrator , Polur and **Rev. Fr. Ivan OFM Cap**, Vocation Promoter, Holy Trinity Province, Karnataka which focused on helping students to discover their inner self and live their lives fruitfully showcasing their true purpose in life. More than 100 students benefited from this one day retreat leaving with self awareness and understanding.



## Industrial Visit to Kluber Lubricants

An Industrial visit to Mysore on the 16th of August. The objective of an industrial visit cum educational tour is to provide students with practical industry exposure, bridge the gap between theory and practice, enhance learning, and offer career insights, while also fostering teamwork. The organising secretaries for this event are Mr. John Benjamin Kirubhakaran and Mr. Mathews, with Ms. Lavanya as the convenor, from the Department of Commerce (Corporate Secretaryship). Forty- five students along with three staff attended these events and greatly benefitted from it.



## The Role of Start-up Ecosystems World Entrepreneurs Day

The Entrepreneurship Development Cell of Don Bosco Arts and Science College on 19th August 2024 celebrated World Entrepreneurs Day at Bi-Centenary Hall from 11.30 am onwards. The chief guest was **Mr. S. Rex Christi Raj, Proprietor, S.S Agrow Tech (P) Ltd., Namakkal**. The guest speaker emphasized the importance of the startup ecosystem and encouraged students to take the entrepreneurial route, sharing his experiences and insights on how to succeed in the business world. 100 students participated and they were benefitted. The organizing secretaries for the event were Ms.A, Kenisha (Assistant Professor, Department of Commerce (general) ) and Ms.Bemisha, S (Assistant Professor, Department of Corporate Secretaryship).



## Consultation on School and Higher Education



The staff members of Don Bosco Arts and Science College attended a consultation on school and higher education organised by One Accord on August 24, 2024. The goal of this consultation was to emphasise autonomy in higher education and its implications. The event was graced by the Honourable Minister of Higher Education, Thiru K. Ponmudi, as the chief guest, and **Honourable Minister of School Education, Thiru Anbil Mahesh Poyyazi, as the guest of honour.** Honourable Minister of Higher Education, Thiru K. Ponmudi requested schools to implement the policies of Nation Education, especially in establishing separate schools. All the higher education institutions should empathise with the minorities.

## Staff Tour to Chikmagalur

The Management of Don Bosco Arts and Science College organized a four-day staff tour to Chikmagalur from August 24th to 27th, 2024. The tour aimed to foster bonding among staff members. The staff members enjoyed the refreshing climate, went on trekking adventures, and visited waterfalls. This tour created a memorable experience that has strengthened their professional relationships.



## Orientation programme on Anti ragging and Sexual Harassment

The orientation programme on Anti-ragging and Sexual Harassment was organized by Don Bosco Arts and Science College on August 29th, 2024 at Bi - Centenary Hall from 11.40 am to 1.30 pm . The main purpose of the event was to create awareness on ragging and how to safe guard themselves on sexual harassment. The chief guest for the event was **Advocate Lakshmi Raja from the High Court. As the National Secretary of All India Lawyers Council**, she emphasised the seriousness of ragging and sexual harassment. Thus she educated the students on the consequences of such offences and the importance of creating a safe and respectful environment for everyone.



## Peace Protest Rally against Kolkatta Rape Case with the Collaboration of Women's Cell



In collaboration with **Women Cell, NSS, and Peace and Harmony Club**, the student council organised a peace protest rally on August 31st, 2024. The main purpose of the peace protest rally was to condemn the brutal rape and murder of Kolkata doctor. 100 students from the clubs gathered to express their outrage and demanded justice for the victim. They also emphasised the need for a safe and secure society for women and children.

## ECO IDEATHON



The Eco Ideathon was organised by the Institution and Innovation Council in collaboration with the Eco Club and Peace and Harmony Club on August 31, 2024. It aimed to inspire students to develop innovative solutions for sustainable development. The event brought together students to brainstorm and present their ideas on pioneering sustainable solutions, fostering a culture of creativity and environmental awareness. Dr.Aayushi Sharma was the convener of Eco Ideathon . The organising Secretaries were Ms.Antony Sophia (Assistant Professor, Department of English ), Ms.Varsha .E(assistant professor, Department of Visual Communication), and Ms.Immaculate Catherine (Assistant Professor, Department of English ).

## Echoes of Simplicity

In days of old, families gathered near,  
 Conversations rich, laughter sincere.  
 Memories cherished, now lost in the digital  
 sphere,  
 As screens and gadgets interfere.  
 Gone are the joys of simpler times,  
 Where fun was pure, life's essence was prime.  
 Lost in the digital chimes,  
 Desire grows, yet feelings mime.  
 Amidst the tech whirlwind's flight,

Books offer solace, a familiar light.  
 Hearts at peace, in loved ones' sight,  
 Longing for days without the digital blight.  
 Recall the days of shared tales,  
 Laughter pure, no screens' veils.  
 Unity's essence, when life prevails,  
 Now hidden behind tech's bright trails.

Oh, the play, the laughter true,  
 In days of old, when hearts once knew.  
 Longing for moments, through and through,  
 Screens lead us astray, a different view.  
 In a sea of notifications, tweets that fleet,  
 Simple living, a distant beat.  
 A pause amidst chaos, a silent seat,  
 Found in books or kinfolk sweet.



**- Akash B C David**  
**III B A (English)**



**- Rahul**  
**II B.sc (Viscom)**

## A Blissful Beginning

On those cosmic Morningstar,  
 where devotional songs were dearest,  
 An endeared fresh start for everyone with new  
 intentions and hopes,  
 New songs on cast, as our thoughts are on high  
 blast,  
 Those early time of mornings are always our  
 grateful prime,  
 New distances and miles are a suspenseful  
 climb,  
 Adventurous train journeys for the whole  
 thriller daylight,  
 Even at those spells life's always a bright,  
 Never-ending rustless body as those intentions  
 mark clear mindsets,  
 Thankful morning for starting from scratch,  
 mistakes never repeating.



**- Shyam**  
**II B.Sc (Viscom)**

## Rainy day Reverie

It's dark, shall we dance? No more  
 hide-and-peek,  
 The existence of enjoyable roleplay unfolds  
 between us two.  
 You, the bestower of smooches of water,  
 Me, a peacock for your cloudy pourings, you,  
 an authentic artifact of the world.  
 If it's your arrival, I would be a monsoon's  
 derivative,  
 Even my clumsy hair climbs on thoughts of  
 you, handsomely.  
 As for a complete attire, I heartily crave for a  
 cup of tea.  
 Me, In your custody, stillness of chill and  
 relaxation.  
 You, the crush of the sun, a dream for the  
 moon,  
 Hey righteous rain, you've been the lonely  
 imprints of my blush.

## Care for Elderly



One of the greatest concerns that needs to be addressed in today's society is care for the elderly. Today many of the elderly people are neglected and forgotten in society. When they reach the age of retirement the society considers them to be useless. They lose respect in the society and sometimes they are ill treated by their own children. They are sent to an old age home. Physically they are no longer strong. They are denied respect, care, love. All they long to spend time with their children and grandchildren.

They are ostracised, marginalised and excluded from social interactions, activities, and decision-making processes. This can be due to a combination of factors, including ageism, stereotypes, and societal norms that prioritise youth and productivity. As a result, many elderly people feel isolated, lonely, and disconnected from their communities, leading to negative impacts on their mental and physical health. It's crucial that we work towards creating a more inclusive and age-friendly society, where elderly individuals are valued, respected, and included in all aspects of life. As they age, their physical abilities decline, making them more vulnerable and dependent on others. It's essential that we recognize their value and importance, not just as individuals who have contributed to society, but also as people who still have wisdom, experience, and love to offer. The youth can play a significant role in taking care of the elderly, by showing them respect, compassion, and kindness, and helping them maintain their dignity and independence.



The elderly have spent their lives caring for us, nurturing us, and providing for our needs. They have showered us with love, affection, and attention, and it's only natural that we should reciprocate this love and care during their old age. As we grow older, we should make an effort to spend quality time with them, listen to their stories, and show them that we value their wisdom and experience. By doing so, we can repay the love and care they have given us and create a sense of mutual respect and appreciation between generations.



**- Ching nei hoi**  
**II BA English**



**CHANDI PRASAD BHATT**  
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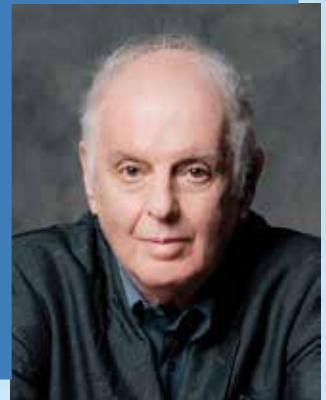
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