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(Affiliated to University of Madras)



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## “Hopeline: Finding Hope in the Darkness”

My dear staff and young friends,

**Greetings and peace of the Risen Christ. May you all enjoy the joy and inner peace that the Risen Lord brings and the Tamil New Year affirms!**

### The Spiritual Significance of Easter

Easter is a powerful reminder of the importance of hope in our lives. The story of Jesus’ resurrection is a testament to the transformative power of hope and redemption. As we reflect on the Easter story, we’re reminded that hope is not just a feeling or an emotion; it’s a fundamental aspect of our faith. The Easter story also reminds us that hope is not just about individual transformation; it’s about communal transformation as well. As we come together to celebrate Easter, we’re reminded of the importance of community and solidarity in our lives with hope.

### The Importance of Hope

Hope is a fundamental aspect of the human experience. It’s what drives us to pursue our dreams, to overcome obstacles, and to keep moving forward, even in the face of adversity. As the biblical passage from Jeremiah 29:11 reminds us, “For I know the plans I have for you,” declares the Lord, “plans to prosper you and not to harm you, plans to give you hope and a future.” Hope is not just a feeling or an emotion; it’s a choice. It’s a decision to trust in a better future, to believe in the possibility of transformation and redemption. As the secular quotes we’ve explored illustrate, hope is what drives us to keep going, even when the road ahead seems uncertain.

### The Power of Hope and Perseverance: Lessons from Inspiring Lives

As we navigate the complexities of life, it’s easy to lose sight of hope. We face challenges, setbacks, and failures, and it’s tempting to give up. But what if we could tap into a deeper reservoir of hope and perseverance? What if we could draw inspiration from the lives of others who have faced similar challenges and emerged victorious? We can explore the power of hope and perseverance through the lens of inspiring lives. We come across the stories of notable secular individuals who never gave up, despite facing seemingly insurmountable obstacles. Thus we experience the spiritual significance of Easter and the importance of hope in our lives.

### The Resilience of the Human Spirit

One of the most striking aspects of the human experience is our capacity for resilience. Despite facing incredible challenges, we have the ability to adapt, to persevere, and to hope. This resilience is evident in the lives of individuals like J.K. Rowling, who was rejected 12 times for her book “Harry Potter” before it was finally published. Rowling’s story is a testament to the power of hope and perseverance. Despite facing rejection and poverty, she never gave up on her dream of becoming a published author. Her determination and resilience ultimately led to the creation of one of the most beloved book series of all time.

### Lessons from Inspiring Lives

Inspiring individuals like Thomas Edison, Oprah Winfrey, Nelson Mandela and Don Bosco remind us of the power of hope and perseverance. These individuals faced incredible challenges and setbacks, but they never gave up. Instead, they drew on their inner reserves of hope and resilience to keep moving forward. Their stories teach us that hope is not just a feeling or an emotion; it’s a choice. It’s a decision to trust in a better future, to believe in the possibility of transformation and redemption. As we navigate the complexities of life, their stories remind us to stay hopeful, to stay resilient, and to never give up on our dreams.

### Conclusion

As I conclude, I would like to remind all of us of the power of hope and perseverance in our lives. We’re inspired by the stories of individuals who never gave up, despite facing incredible challenges and setbacks. We’re reminded of the spiritual significance of Easter and the importance of hope in our lives. As we move forward, let us carry the lessons of these inspiring lives with us. Let us choose to hope, even in the face of adversity. Let us draw on our inner reserves of resilience and perseverance to keep moving forward. Let us never forget the transforming power of hope and redemption in our lives.

**Once again I wish you a grace-filled Easter and life full of hope and optimism in the Tamil New Year.**

**Rev. Fr. Jayapalan Rahael Sdb  
Rector**

**Don Bosco Arts and Science College**



## Reflections and Aspirations: Secretary's Perspective

### The Final Stretch: Launching Your Career After College

Hey soon-to-be graduates! That diploma isn't just the end of your college journey—it's your pass to the next adventure. Whether you're eyeing a government job or dreaming of climbing the corporate ladder, now's the time to get your game plan ready. Let's break down how to crush it in either path.

#### Small Steps, Big Impact

Remember Admiral William McRaven's viral advice about making your bed every morning? It's not just about neat sheets. Starting your day with one small accomplishment creates momentum for everything that follows. Think about it: mastering those tiny daily habits—like sticking to a study schedule or organizing your notes—builds the discipline muscle you'll need for government exam prep or corporate responsibilities.

When you hit roadblocks (and trust me, you will), remember that failure isn't your enemy. It's actually your secret teacher. Those who never stumble is probably not pushing their limits. Every tough mock exam or rejected application is just feedback helping you level up.

#### Find Your Fire

Steve Jobs wasn't just the Apple guy—he was the “follow your passion” guy. His advice? Don't settle for work that doesn't light you up. Sure, your immediate goal might be landing that first job, but think beyond that. Ask yourself: “Which government department actually matches my values?” or “Which industry gets me excited to learn more?”

Your time is precious. Don't waste it living someone else's dream or following a career path just because others expect it. Trust your gut when choosing between preparing for civil services, banking exams, or corporate roles. The path that genuinely interests you is where you'll naturally put in the extra effort.

#### Values As Your Compass

Michelle Obama reminds us that your character matters as much as your credentials. Honesty, empathy, and treating people with respect aren't just nice-to-haves—they're essential whether you're drafting government policies or creating corporate strategies.

Your generation has the chance to do better than those before you. Bring fresh thinking to outdated systems. Don't just memorize exam material or corporate protocols—question how things could work better.

#### Embracing the Risk

J.K. Rowling (yes, the Harry Potter author) has some real talk about failure: avoiding it completely means you're playing too safe. That coveted government position or competitive corporate role? Go for it, even if it seems like a reach. The worst that happens is you learn something valuable for your next attempt. She also highlights how imagination helps us build better solutions and understand different perspectives—crucial skills whether you're serving the public or driving innovation in business.

#### Beyond Book Smarts

Your degree matters, but it's just your entry ticket. As Malcolm X put it, “Education is the passport to the future,” but you need to stamp that passport with real experiences. Einstein believed that genuine knowledge comes from experience, not just textbooks.

**Take Sheryl Sandberg's advice:** “Build your skills, not your resume.” Focus on developing abilities that solve actual problems. Communication, as Brian Tracy notes, is a learnable skill—and possibly the most important one for any professional path.

#### The Secret Sauce: Your Personal Habits

What separates the successful from the rest? It's not always intelligence—it's often discipline. Jim Rohn called discipline “the bridge between goals and accomplishment,” while Aristotle reminded us that excellence isn't a one-time thing but a habit we build through consistent practice.

In our notification-filled world, focus is your superpower. Create distraction-free study zones, use website blockers during deep work sessions, and try techniques like the Pomodoro method (25 minutes of focused work, 5-minute break) to maintain concentration.

This final year is your launchpad. The path ahead—government service or corporate career—will open up for those who prepare with purpose, develop real-world skills, and maintain laser focus on their goals. Your future is waiting. Make it count.

**Rev. Fr. Raj Kumar SDB**  
Secretary and Treasurer

## Leading the Way: Insights



Dear DonBosconians,

**Happy to meet you all once again at the end of this academic year.**

**I hope all are busy with the preparation for your examinations.**

This is the time to look back at what was your preparation for the exam and what will be your next level of preparation. For that you have to do unbiased self-appreciation and self-criticism, that is, self-introspection.

Self-introspection is the process of examining one's own thoughts, feelings, and motivations. It allows individuals to gain insight into their actions and beliefs, fostering personal growth and self-awareness. This reflective practice can help in identifying areas of improvement and understanding one's emotional responses in various situations. Engaging in self-introspection often leads to a deeper understanding of one's identity and values, ultimately guiding decision-making and goal-setting in life.

Additionally, self-introspection encourages individuals to confront their inner selves, reflecting on their past experiences, aspirations, and the impact of their choices, creating a pathway for meaningful change. By engaging in this honest self-reflection, individuals can cultivate resilience and adaptability, enabling them to navigate life's challenges with greater clarity and purpose.

Self-introspection can be practiced through various methods that promote self-awareness and personal growth. Here are some effective ways to engage in this reflective practice:

- **Journaling:** Writing down your thoughts, feelings, and experiences can help clarify your mind and uncover patterns in your behavior or emotions. Set aside time daily to document your reflections.
- **Mindfulness Meditation:** Practicing mindfulness allows you to tune into your thoughts and feelings without judgment. This can lead to deeper insights about your motivations and reactions.
- **Self-Questioning:** Ask yourself thought-provoking questions, such as "What do I truly value?" or "How did I handle this situation?" This can encourage deeper exploration of your beliefs and behaviors.

- **Feedback from Others:** Seek constructive feedback from friends, family, or colleagues. They can provide valuable perspectives on your actions and how they affect others.
- **Setting Goals:** Reflect on your long-term and short-term goals. Identifying what you want to achieve helps align your daily actions with your deeper aspirations.

Incorporating these practices into your routine can enhance your self-understanding and contribute to personal development.

**Self-reflection** is an essential aspect of personality enhancement, as it involves analyzing one's own thoughts, emotions, and actions. This reflective practice fosters greater self-awareness, enabling individuals to pinpoint specific areas that require improvement.

By continually evaluating one's behavior and intentions, individuals can discover their personal strengths and weaknesses that contribute to their character.

This introspective journey empowers individuals to establish personal objectives and strive towards **self-optimization**.

Participating in self-reflection also boosts emotional intelligence, allowing individuals to better comprehend and regulate their emotional responses.

Consequently, self-reflection is fundamental in the path toward personal growth and improved relationships with others.

Self-introspection offers numerous benefits that can enhance personal growth and understanding. Here are some of the key merits:

- **Enhanced Self-Awareness:** Engaging in self-introspection allows individuals to gain a deeper understanding of their thoughts, emotions, and behaviors, leading to greater self-awareness.
- **Personal Growth:** By reflecting on experiences, one can identify areas for improvement and set goals for future development, facilitating continuous personal growth.
- **Decision Making:** Self-introspection aids in evaluating past decisions and their outcomes, which can improve future decision-making processes by fostering a more thoughtful approach.



Overall, the practice of self-introspection can lead to a more fulfilling and emotionally intelligent life.

Hence, I request all of you to do the self-internal analysis and find out the areas where you require more concentration, hard work and planning. Plan well, study well and do your best in all the forthcoming examinations.

I wish you all the best.

- **Emotional Regulation:** Through introspection, individuals can better understand their emotional responses and reactions, helping them manage emotions more effectively.
- **Increased Empathy:** Reflecting on one's own experiences can enhance empathy towards others, as it fosters a better understanding of different perspectives and emotions.
- **Stress Reduction:** Taking time for self-reflection can provide clarity and perspective, reducing anxiety and stress by allowing individuals to process their thoughts more constructively.

**Dr. S. Xavier Raja Rathinam**  
Principal



## Cultivating a Wellness Mindset: A Holistic Approach to Health and Resilience

### • **Creating a Wellness Mindset**

World Health Day is celebrated on 7<sup>th</sup> April, 2025. It reminds us of the crucial need to maintain both mental and physical well-being. In recent years, we have witnessed a surge in health stations, hospitals, and fitness centers, reflecting society's growing concern for health. People are increasingly conscious of their physical fitness, adopting smart bands, specialized diets, and exercise routines to ensure their well-being. However, true wellness extends beyond just the body—it is also about nurturing the mind. A balanced wellness mindset is essential for overall health and happiness.

### • **Wellness Mindset to Face Exams**

April also marks the beginning of exam season for students, a time when knowledge is tested and stress levels rise. Mental wellness plays a crucial role in handling these academic pressures. True education is not just about acquiring knowledge but also about building resilience, endurance, and emotional strength. A well-balanced mind helps students remain calm and focused, enabling them to tackle challenges with confidence. Education should be a beacon that illuminates the mind, fostering courage and wisdom to navigate life's complexities.

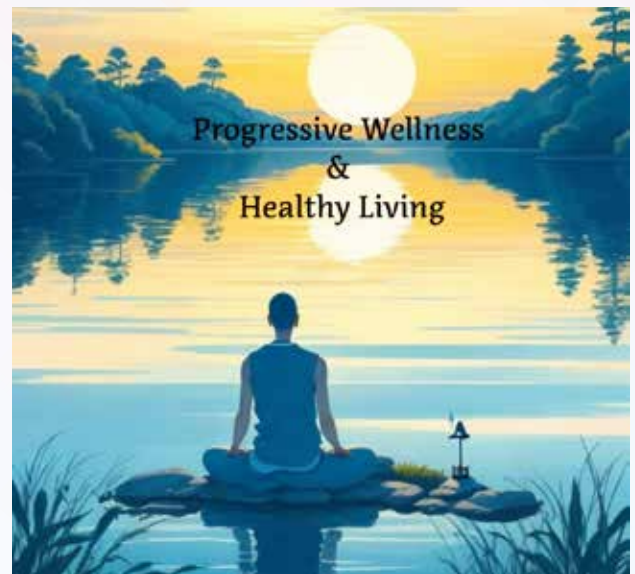
### • **Wellness Mindset to Face Life's Challenges**

In today's fast-paced world, emotional resilience is often put to the test. People become easily upset, conflicts escalate quickly, and many struggle to maintain emotional balance. Life presents numerous challenges, and to withstand them, a strong wellness mindset is essential. Mental stability allows us to handle conflicts gracefully, recover from setbacks, and face difficulties with courage. Developing emotional intelligence and inner strength equips us to navigate life's ups and downs without losing our sense of well-being.

### • **A Holistic Approach to Well-Being**

Wellness is a lifelong journey that requires conscious effort and commitment. A healthy mind and body contribute to overall happiness and productivity. Practicing mindfulness, engaging in physical activity, maintaining strong social connections, and embracing a positive outlook on life are all key components of a wellness mindset. When we integrate these practices into our daily routine, we create a foundation for

lasting health, resilience, and fulfillment. Let us take responsibility for our well-being and cultivate a balanced, harmonious life.



**Rev. Fr. Sagayaraj Kasi SDB**  
**Vice Principal**



March 3, 2025

### Empowering Voices: A Celebration of Strength - Common Assembly



On 3<sup>rd</sup> March 2025, BCA students hosted a vibrant assembly featuring a prayer song, news updates, a motivational story which mentioned the importance of having a non-judgmental attitude towards people, and Thirukural recitation. Rector Rev. Fr. Jayapalan Raphael SDB honored International Women's Day, quoting Mahatma Gandhi's vision of true freedom for women and emphasizing the values of Lent - discipline and reflection. The Vice

Principal, Rev. Fr. Sagayaraj Kasi SDB, shared plans for upcoming activities, inspiring students to engage actively. This blend of empowerment, culture, and aspirations made the gathering truly memorable.

March 3, 2025

### Exploring Innovation: Educational Visit to MCC Innovation Park

On 3<sup>rd</sup> March 2025, the Department of Commerce (General) at Don Bosco Arts & Science College organised an enriching educational visit to the **MCC Innovation Park in Chennai**. This initiative aimed to provide exposure to cutting-edge innovations and entrepreneurial ideas. The visit was spearheaded by Dr. S. Jebaseeli Novaleena, Assistant Professor and Head of the Department of Commerce (General), with organising secretaries Dr. S. Sivaraman and Ms. Reeta Selvarani. Faculty coordinator Ms. A. Kenisha also played a vital role in ensuring the program's success. The students explored various aspects of innovation and technology, gaining valuable insights to enhance their academic and professional outlook.



March 3 and 4, 2025

### Shaping Futures: Mock Interview Sessions for III B.Com General Students

On 3<sup>rd</sup> and 4<sup>th</sup> March 2025, the students from III<sup>rd</sup> B.Com General of Don Bosco Arts & Science College had the unique opportunity to participate in **Mock Interview sessions conducted by the Anudip Foundation** through the DICE platform. These sessions provided an invaluable platform for students to refine their interview skills, gain confidence, and prepare for their professional journeys. This initiative aimed to enhance the students' communication, presentation, and problem-solving abilities. The program served as a stepping stone for the students, equipping them with the tools they need to excel in the competitive corporate world.



March 4, 2025

### Driving Innovation: A Seminar on Personal and Professional Growth

On 4<sup>th</sup> March 2025, the Department of Commerce (Corporate Secretaryship) and the Institution's Innovation Council, hosted an inspiring seminar, **"Inevitable Innovation in Personal and Professional Growth,"** at the bi-centenary hall. The event featured **Mr. Anto Jerry, a dynamic entrepreneur and wellness trainer,** who shared insights on innovation's transformative power. Under the leadership of Ms. Lavanya D., Head of the Department of Commerce (Corporate Secretaryship), and coordinated by faculty such as Mr. Matthew, Ms. Bemisha, Mr. Adhithya Pandian, and Mr. John Benjamin and student leaders Mr. Hemanth, department secretary, the seminar motivated attendees to embrace innovation as a cornerstone of personal and professional success. This enlightening seminar was an impactful initiative, sparking ideas and inspiring attendees to pursue innovation as a path to growth and excellence.



March 4, 2025

## Modern Women vs Ancient Women: Magalir 25 - A Debate of Eras



On 4<sup>th</sup> March 2025, as part of the International Women's Day celebrations, the Women's Cell and Students' Council of Don Bosco Arts & Science College organised a captivating debate competition under the banner Magalir 25 at **Fr. Schoolz Hall**. The theme, **'Modern Women vs Ancient Women'**, brought together 12 participants in two teams, offering diverse perspectives on women's experiences, rights, and challenges across eras. Dr. Aasaikannu, Assistant Professor from the Tamil Department, skillfully moderated the discussion, highlighting the progress made by women and the ongoing quest for gender equality. Organised by Ms.

Abisha X., Dean of Women Students, the event fostered public speaking skills and celebrated the remarkable contributions of women throughout history.



## Celebrating Creativity: Magalir 25 -Hairdo Competition

On 4<sup>th</sup> March 2025, as part of the **International Women's Day** celebrations, the Women's Cell and Students' Council of Don Bosco Arts & Science College under the banner Magalir'25 hosted a vibrant Hairdo Competition in Room no 8. Five teams showcased their creativity and teamwork, crafting unique hairstyles without limits. Judged by Ms. Lavanya D., Head of the Department of Corporate Secretaryship, the event celebrated the art of hairstyling while boosting participants' confidence and skills. Organised by Ms. Abisha X., Dean of Women Students, the competition was an empowering experience, honoring creativity and collaboration.



## Art at Your Fingertips: Magalir 25 - Nail Art Competition

On 4<sup>th</sup> March 2025, as part of the International Women's Day celebrations, the **Women's Cell and Students' Council** of Don Bosco Arts & Science College under the banner Magalir'25 hosted a vibrant Nail Art Competition from 1:00 PM to 2:00 PM in the AV Hall. Five teams participated, showcasing intricate designs and innovative techniques, while demonstrating exceptional teamwork and creativity. The judge, Dr. Aayushi Sharma, evaluated the entries based on originality and execution. Spearheaded by Ms. Abisha X., Dean of Women Students, this celebration of self-expression through art makes it a colorful and empowering event.



March 5, 2025

**A Time for Reflection: Ash Wednesday Eucharistic Celebration**

On 5<sup>th</sup> March 2025, Catholic students gathered at Bicentenary Hall for a solemn **Ash Wednesday** mass led by Rev. Fr. Jayapalan Raphael SDB, Rev. Fr. Oswald Davadass SDB, and priests from SIGA Polytechnic College. The readings emphasised self-transformation and turning towards God. The Book of Joel called for introspection, Psalm 51 urged seeking a pure heart, and the gospel inspired reflection on actions. During his sermon, Rev. Fr. Jayapalan SDB shared Pope Francis' message, reminding the faithful that ashes symbolize human fragility and hope in Christ, encouraging humility and self-examination. This celebration marked a meaningful start to Lent, fostering faith and spiritual growth by focusing on prayer, penance and almsgiving.



March 5, 2025

## Empowering Women Through Montessori Education: A Career Pathway Unveiled

*“The greatest sign of success for a teacher is to be able to say, ‘The children are now working as if I did not exist.’”*

– Maria Montessori



On 5<sup>th</sup> March 2025, on account of International Women’s Day, Don Bosco Arts & Science College Career Guidance and Placement Cell hosted an inspiring expert talk. under the theme **“Exploring Montessori Education: A Pathway to Career Opportunities for Women Students.”** Many eager and enthusiastic students attended this session.



It featured **Mrs. Rita Ramesh, Founder and Director of Global Gateway International Montessori Teacher Training Institute**, as the event’s speaker. With her extensive experience, **Mrs. Ramesh provided invaluable insights into Montessori education, highlighting its potential to nurture holistic child development and open career opportunities for women in education.**

Mr. Matthews Arockiasamy, Coordinator of the Career Guidance and Placement Cell, spearheaded the session with organising secretaries Mr. Manivalan S R and Mr. Devaprasanth, ensuring the event’s success. Held from 12:30 PM, the event was more than just an educational talk; it celebrated women’s potential and the transformative power of Montessori education.





March 5, 2025

## Magalir 25: Foodfest- A Culinary Celebration of Creativity and Collaboration



On 5<sup>th</sup> March 2025, at 12:30 PM, Women's cell and Students council, as a part of magalir25, hosted an exciting Food Fest in front of the college. Coordinated by students Kaif and Safiyah, the event challenged participants to prepare creative dishes in pairs, following a strict no-fire, no-induction rule. Teams brought their ingredients and utensils, with a timespan of 45 minutes to showcase their culinary skills. Two teams from each department participated, making the fest a vibrant, competitive affair. The event was guided by professor Abisha X., Dean of Women Students and Head of the English Department, and judged by Mr. Irshad Ahmad Y., head, department of

visual communication, Dr. Jebaseeli Novaleena, head, department of Commerce general and Ms. Rajalakshmi, head, department of computer applications . The fest celebrated culinary talent and collaborative spirit with enthusiastic participation from all departments.



March 6, 2025

## Paving the Path to Success: Don Bosco's Career Orientation Prepares Students for Interviews

On 6<sup>th</sup> March 2025, a remarkable event was held at the Bicentenary Hall. All third-year students from various departments gathered at 11:45 AM for an enriching orientation session organised by the Career and Placement cell from Don Bosco Arts and Science College in collaboration with Don Bosco Vazhikaati. This session was spearheaded by Mr. Mathews, the Career and Placement cell coordinator, Mr. Manivalan, Mr. Devaprasath and Ms. Kavitha from the Career and Placement cell. This initiative focused on career preparedness and mastering the art of attending interviews.

**“The future depends on what you do today.” – Mahatma Gandhi**

The session aimed to equip students with the essential skills and knowledge required to thrive in their future careers. It was an inspiring experience, leaving students motivated about their future.



March 6, 2025

**Spotlight on Talent: Magalir 25 - 60 seconds to fame**



On 6<sup>th</sup> March 2025, as part of Magalir 25, International Women's Day celebrations, the women's cell and students council hosted 60 Seconds to Fame at Rev. Fr. Schlooz Hall, DBICA. Participants impressed the audience with captivating one-minute performances showcasing their capabilities. The judge for the event was Mr. Jaswa Jebaraj, assistant professor, department of English and IQAC Coordinator. Led by Peter and Angelin and guided by Ms. Abisha X., Dean of Women Students, the event celebrated creativity and individuality, adding an exciting highlight to the celebrations.



March 7, 2025

## Unlocking Opportunities: Campus Drive 2025 at Don Bosco College



On 7<sup>th</sup> March 2025, Don Bosco Arts and Science College, in collaboration with Don Bosco Vazhikaatti, Don Bosco Job Placement Network and Reliance Foundation organised a Campus Drive for the year 2025. This event was free for all undergraduate streams. Students were asked to come with resumes and other documents needed for the campus drive. Meeting with leading companies such as **Sulekha, Spectrum Talent Management, QUESS Winning**



**Together and fifty other companies** was an excellent opportunity. These companies offered a variety of job roles, making it a perfect time to network with industry professionals and gain valuable insights from experienced recruiters. This initiative from the Career and Placement Cell with various companies and students paved the way for a successful career and explored a world of possibilities.



March 7, 2025

### Students Connect Through Community Outreach

On 7<sup>th</sup> March 2025, students from I & II year clubs stepped out for an inspiring outreach program organised by IQAC. They distributed pamphlets promoting the importance of education to the people based on the locations allotted to their club. The students went beyond education by spreading awareness about personal hygiene, making a meaningful impact. This initiative helped them connect with the community, understand its needs, and contribute positively. It was a rewarding experience highlighting the importance of compassion and engagement with the outer world.



March 8, 2025

## Celebrating International Women's Day at Don Bosco Arts & Science College

*"Women are the largest untapped reservoir of talent in the world." - Hillary Clinton*

On 8<sup>th</sup> March 2025, Don Bosco Arts and Science College celebrated **International Women's Day at DB Square**. Organized by the Women's Cell in collaboration with the Students Council, the event aimed to raise awareness about gender equality and empower women, with 250 students gracing the event. The occasion featured inspiring speeches by Rev. Fr. Jeyapalan Raphael SDB, who emphasised the importance of women's safety and fairness in relationships, guest of honour Ms. Christina Venita Deepa, who stressed building healthy and respectful relationships, and chief guest Ms. G.V. Shoba, who highlighted the history of Women's Day and encouraged collective effort towards equality.

The celebration included lively programs like dance performances, a ramp walk, and prize distribution for competitions held over four days. Overall the event was a resounding success, fostering positive relationships and promoting an equitable society.



MARCH 2025

March 10, 2025

### Inspiring and Motivating: A Memorable Assembly



On 10<sup>th</sup> March 2025 , students gathered at key spots like DB Square, the canteen, and the college entrance for an assembly aimed at fostering positivity and patriotism. The event featured a heartfelt prayer, an inspiring motivational story, and a thought-provoking “**Thought for the Day.**” A Bible verse offered spiritual guidance, while the national anthem united students in a moment of profound patriotism. The assembly concluded with the head of the department outlining upcoming departmental events, leaving students informed and excited. This thoughtful gathering inspired reflection, unity, and enthusiasm for the days ahead in the college.



March 10, 2025

### The Stage of Life: Drama as a Path to Life Skills

On 10<sup>th</sup> March 2025, at 11:30 AM in the AV Hall, the Department of English at Don Bosco Arts & Science College, Kilpauk, hosted an inspiring workshop — **“Speak, Act, Shine: Life Skills Through Drama”**, for students. Organized under the Institution’s Innovation Council, the session explored how drama fosters essential life skills like communication, confidence, and creativity. Led by **Dr. David Wesley M. from Madras Christian College**, and driven by the dedicated efforts of Ms. Abisha X., Convenor and Head of the Department, and Mr. Shane Cristen C., Organizing Secretary, this event transformed learning into an engaging and life-changing experience for the participants.





March 13,2025

## JIVE'25: A Navarasa Extravaganza

On 13<sup>th</sup> March, 2025, Don Bosco Arts and Science College, Kilpauk, hosted its grand annual cultural fest titled as '**Jive '25**', under the theme 'Navarasa'. The event was an eclectic celebration of emotions and talent, drawing participants from over 74 colleges to compete across a dazzling array of on-stage and off-stage events. The inauguration, led by Rev. **Fr. Jayapalan Raphael SDB ,Rector, Dr. Xavier Rajarathinam, Principal, Rev. Fr. Kasi Sagayaraj SDB ,Vice Principal, and Rev. Fr. Oswald Davadass SDB ,Campus Minister, along with personalities from the media field marked a spectacular beginning.** The efforts of cultural coordinators Mrs. Haritha and Dr. Tamilarasu, along with student coordinators Kumar and Swetha, ensured seamless execution. The on-stage competitions included Battle of Bands ,Group Dance and Ramp Walk captivated audiences with electrifying performances and off-stage events like Face Painting, Adzap, Art from Junk, Rap Battle, Mandela Art, and 60 Sec to Fame showcased creativity and originality, leaving spectators in awe. A special highlight of 'Jive '25' was its array of submissions, including Insta Reels, Mobile Photography, and Poster Making alongside exciting categories like Free Fire and Dual Adaptune. The event saw eminent personalities grace the stage as judges and guests, including actor **Vivek Prasanna, Stunt Venkatesh, Ronnie, Diwakar from Cook with Comali fame Diwakar, actress Haritha, and Bigg Boss celebrity Daniel.** Loyola College emerged victorious, claiming the overall trophy amidst enthusiastic cheers. The day concluded with a DJ night that had students dancing the night away. Overall 'Jive '25' was more than a cultural fest—it was a celebration of emotions, talent, and togetherness, leaving an indelible mark on every attendee.



**JIVE'25**

**Cooking without Fire Competition**



**Ramp walk Competition**

# JIVE'25

## Dance Competition



## Drawing Competition





March 17, 2025

### Moments of Enrichment and Milestones: College Common Assembly



On 17<sup>th</sup> March 2025, the B.Com CS students conducted an inspiring morning assembly featuring prayer, scripture readings, Thirukural insights, and a motivational story. After which Rev Fr Jayapalan Raphael SDB, rector highlighted selflessness and the ability to reach out to other's needs through a story of King Alexander, while the Principal expressed gratitude for "Jive" and shared important updates for the upcoming month. Overall, the event plan encapsulated a vibrant blend of academic focus, community spirit, and celebration of milestones in the college.

March 18, 2025

### Lighting the Path: Mastering Advanced Photography Techniques

On 18<sup>th</sup> March 2025 at 11 AM, the Department of Visual Communication brought together a unique blend of talent, curiosity, and artistry at their Advanced Photography and Lighting Workshop. Held at the ever-vibrant photography studio, this event was a feast for anyone passionate about capturing the world through the lens. Spearheaded by Mr. Irshad Ahmad, Head and assistant professor, department of visual communication, Mr Dinesh Balaji, assistant professor as organising secretary. This event aimed to focus on training the students with advanced photography skills. The highlight of the workshop was the presence of Mr. Nandha Kumar, a seasoned expert from DW News, whose vast experience in visual storytelling added incredible value to the session. Participants were not only captivated by his technical knowledge but also by his ability to communicate the essence of photography—an art that goes beyond just framing a picture.



March 20, 2025

### Celebrating Francophonie at Don Bosco Arts & Science College

On 20<sup>th</sup> March 2025 at 1:30 PM in DB Square , the Department of French organised Fête de la Francophonie under the guidance of Ms. Maria Monica, Head and assistant professor, department of French. With the guidance of respected patrons, including **Rev. Fr. Jayapalan Raphael SDB (Rector) and Dr. S. Xavier Raja Rathinam (Principal)**, the event promised to be a melting pot of linguistic and cultural diversity. The event is more than a celebration—it's an opportunity to immerse oneself in the rich tapestry of French-speaking cultures worldwide. It also provides a platform for students, educators, and guests to indulge in activities that foster linguistic appreciation and cross-cultural understanding. As the world becomes increasingly interconnected, such events hold immense significance.



March 22, 2025

## Stepping Into the Future: The Path Begins Here - Graduation Day

On 22<sup>nd</sup> March 2025, the Bicentenary Hall witnessed an inspiring Graduation Day. Secretary Rev. Fr. Rajkumar



Mervyn SDB inaugurated the event, followed by welcoming words from Rector Rev. Fr. Jayapalan Raphael SDB. Principal Dr. Xavier Rajarathinam highlighted the college's accomplishments, while Vice Principal Rev. Fr. Sagayaraj Kasi SDB introduced chief guest **Ms. Amelia Blessy**. In her address, Ms. Blessy shared her journey, urging



graduates to face challenges, develop skills, trust the process, and hold faith in God. The ceremony concluded with degree distribution, an oath, and the National Anthem - marking it as a proud milestone for graduates and the management.



24 March , 2025

### Inspiring Assembly

On 24<sup>th</sup> March 2025, students gathered at key spots across the college—DB Square, the canteen, and the entrance—for an assembly designed to inspire and instill patriotism. The program began with a heartfelt prayer, followed by a motivational story and a thought for the day. A Bible verse offered spiritual insight, while the rendition of the national anthem evoked unity and patriotism among the attendees. The session concluded with the head of the department addressing the students, outlining upcoming departmental events and fostering excitement for the days ahead. The assembly set a positive and purposeful tone for everyone involved.

March 25, 2025

### Bridging Academia and Industry: Cognavi Career Development Seminar

On 25<sup>th</sup> March 2025, at 11:40 AM in the **Bicentenary Hall, the Institution's Innovation Council (IIC)** hosted an innovative career development seminar : “Bridging Academia and Industry: Cognavi Career Technologies” for first and second-year students.

Dr. Aayushi Sharma, serving as both Convener and Organizing Secretary, spearheaded the entire initiative, bringing Cognavi, a distinguished Japanese HR Tech company, to provide cutting-edge career development insights. Led by **Deepak Kumar S., Business Development Manager for Tamil Nadu, and Saranya Sivanathan, Customer Support Success Manager for Tamil Nadu**, the session explored transformative AI-driven placement technologies.

The workshop delved into advanced skill assessment tools, digital profile optimization, and interview preparation techniques, offering students a unique pathway to understand industry-ready career technologies. Participants gained insights into matching their skills with potential job opportunities through innovative technological solutions.

Highlighting the institution's commitment to forward-thinking career guidance, the seminar proved to be an engaging and potentially life-changing experience for students navigating their professional journeys.





## Annual Day 2025: A Celebration of Excellence



On 27<sup>th</sup> March 2025, the college buzzed with excitement as it hosted its much-anticipated 9<sup>th</sup> Annual Day. The event became a proud celebration of accomplishments, talents, and unity, with the distinguished **Mr. Gopi Nair, CEO** of Shiftco across multiple nations, as the Chief Guest. His motivational address on hard work and perseverance captivated the audience and set a tone of inspiration for the proceedings.

The celebration was a vibrant display of progress and creativity. Highlights included mesmerizing dances, harmonious singing, and thought-provoking speeches that left the audience in awe. Students who excelled in academics, maintained exemplary attendance, or contributed through leadership roles were recognized and applauded for their efforts.

The college extended its appreciation to the faculty and non-teaching staff, presenting awards for their dedication. Special honors went to professors for publishing research and completing NPTEL certifications, underscoring the institution's focus on academic growth.

This event was more than a celebration—it was a tribute to collective achievements and a reaffirmation of the college's commitment to excellence. The Annual Day closed with a resonant message: together, the college community continues to build a legacy of inspiration and success.



29 March, 2025

### Forging Stronger Bonds: Parent-Teacher Meeting March 2025

On Saturday, 29<sup>th</sup> March 2025, at 9am, the college hosted a transformative Parent-Teacher Meeting that exemplified the synergy between home and college. The event provided a platform for parents and teachers to engage in meaningful discussions about the overall development and progress of their wards, focusing on academic performance, extracurricular achievements, and personal growth. More than just an exchange of information, the meeting fostered a collaborative spirit, strengthening the partnership vital for student success.



## Esther Shines at State-Level NSS Adventure Camp in Yercaud



Esther from II B.Com (CS) represented the college at the State-Level NSS Adventure Camp in Yercaud organised by the Youth Welfare and Sports Development Department of Tamil Nadu and the NSS cell of Periyar University, from March 1st to 5th, 2025. With activities like trekking, rock climbing, and team-building against Yercaud's stunning

Shevaroy Hills, the camp is a vibrant blend of adventure and learning. Esther's participation highlights her determination and spirit, bringing pride to the college as she discovers both the natural beauty of Yercaud and her inner strengths.

### Spotlight on Talent: Jeba Daniel Shines Bright!

Jeba Daniel from IIIrd B.Com general had clinched the prestigious Asia Talent Award 2025 for Music, following his impressive victory in the Battles of Asia Competition. This outstanding achievement had earned Jeba a coveted spot in the Title Round, showcasing his exceptional musical prowess on an international stage.

### Empowering Women Through Self-Defence Training

On March 4<sup>th</sup>, 2025, the 2nd B.Com (Corporate Secretaryship) students and the I B.Com (General) students, through the College NSS, took part in the training programme for self-defence. This impactful initiative provided the participants with essential self-defence techniques, fostering confidence, resilience, and a spirit of empowerment.



### My Memorable Adventure at the State-Level Camp

I had the incredible opportunity to attend the State Level Adventure Camp, organized by the Youth Welfare and Sports Development Department of Tamil Nadu, along with the Tamil Nadu NSS State Cell and the NSS Cell of Periyar University, Salem. The camp spanned five thrilling days, from 1<sup>st</sup> March 2025 to 5<sup>th</sup> March 2025, and brought together 120 participants from 26 universities and over 110 colleges.

The accommodation and food were exceptional, and the pleasant atmosphere coupled with the cool climate made it even better. Every day started early, with a fall-in time of 5:30 AM sharp on the ground. Mornings began with an assembly and energizing exercises, setting the pace for the action-packed days ahead.

One of the highlights was attending an enlightening session conducted by the “Tamil Nadu Fact Check Unit.” It was an eye-opener about cyber issues and their consequences. The adventure activities were nothing short of exhilarating! From trekking, rope cycling, wall climbing, and bungee ejection to water rolling and driving from a height of 150 feet, every activity pushed me out of my comfort zone. We also explored a coffee estate, visited the elephant viewpoint, learned about the historic Servarayan Temple, and discovered the history of Lord Perumal.

Another memorable experience was our visit to Poppy Hills and Peeko Park. At Peeko Park, I gained so much knowledge about various animals and even had the chance to feed and play with them. Playing with adorable “Australian monkeys” and a friendly “Siberian husky” was the highlight of my visit there. We also visited the Amul chocolate factory, where I enjoyed delicious ice creams with friends.

This camp wasn't just about adventure—it was a journey of personal growth. I learned the importance of self-confidence, time management, networking, peer management, and punctuality. Most importantly, I learned to embrace opportunities that come my way.

Looking back, I feel so grateful for being part of this state-level adventure camp. It was a truly transformative experience that will stay with me forever.

*Esther Rajathi*

IIInd B Com CS



## Through the Pages: A Book Lover's Critique

*Title of the Book : Are You Ready to Love?*

*Author : Rev. Fr. Dr John Alexander SDB*

“God is love, and those who abide in love abide in God, and God in them.” To the man who wishes to learn his purpose in life, this is the book. ‘Are You Ready To Love?’ by Dr. John Alexander is what one would describe a ‘good read’. This book is meant to be absorbed in its fullness and as Francis Bacon rightly puts it, “some books are meant to be chewed and digested.” It is recommended to the logician for its practicality and to the romantic for its love. In this book, the un-prayerful man will discover the need to pray and the prayerful man, the need to persist in prayer.

From aspects dealing with romantic love to the life changing aspects of gratitude, ‘Are You Ready To Love?’ is filled with methods to overcome the mental challenges man is confronted with and to fill the emotional voids with which he is wounded. On completing the book, one will be able to gather courage and overcome what might have previously seemed an unsurmountable problem. There are, of course, the instances in life that present a more complex situation which would require the application of one or more of the solutions but that by no means gives room for limitations. The book covers every subject that chiefly deals with the presence (or absence) of love and though not in detail, it provides a means of recovering from the feeling of love's absence, both through teachings of the Church and of certain philosophers of old.

### “No greater Love”

On a deductive front, this book carefully places the facts in their respective order after establishing their proof using real world examples, most of which are from the author's personal experience. The fact that the author has properly tested the theories stated in the book further proves its credibility. Apart from being enlightening and highly informative in nature, a word that properly describes the book and its contents is ‘conclusive’. The book clearly sums up life with its possible challenges and it presents a question for each of us, ‘Are we really ready to love?’

“Conserva me Domine quoniam in te speravi”

*Miguel Jose Diego Fernandez*

IIIrd BA English



**Jeba Daniel S**  
Commerce (Gen)

World record holder in Dual Direction Keyboard Sequence, recognized by Kalam's World Records

Young Achiever of the year 2025 recognised by South Iconic Awards

- *Asia Talent Award 2025*
- *Nation's Pride Award 2025*





Patent

**Dr. Jebaseeli Novaleena S**

Neurofeedback-based System for enhancing Emotional Regulation and Stress Management



Paper Publication

**Mrs. Reeta Selvarani S, Dr. Jebaseeli Novaleena S  
Ms. Lavanya D, Mrs. Bemisha**



Book Publication

**Dr. Jebaseeli Novaleena S**

Essentials of Innovation Management  
International Trade in Business



**Mr. Matthews Arockiasamy**

Human Resource Management  
Industrial Laws





**Reduce, Reuse, Recycle  
Let's keep our Earth beautiful!**



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