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**My dear Salesians, Staff,  
Parents, and Students,**

Warm greetings as we welcome the new month of July! Let us express our gratitude to God for bringing us together to shape

the young minds of our students. It's heartening to see our college moving forward with renewed focus in its decennial year, with a team of qualified staff and enthusiastic students. My dear students, all eyes are on you, and we are committed to supporting your growth. Inspired by the example of our Father and Founder, Don Bosco, we want you to know that we are here for you. We take every initiative to ensure your well-being and success, and we are willing to make every sacrifice to see you thrive.

Our college magazine, E-Voice, showcases the diverse events and experiences of our community, featuring thoughts and inspirations from both staff and students. It highlights the values that we cherish and strive to instill in our young friends. It's a platform for us to share our values and highlight the importance of skills to promote development, peace and social justice.

I'd like to draw your attention to some significant international events in July that you might find interesting:

- **World Youth Skills Day (July 15):** This day emphasizes the importance of youth skills development and education's role in economic empowerment.
- **Nelson Mandela International Day (July 18):** This day celebrates Nelson Mandela's life and legacy, promoting global peace and reconciliation efforts.

### World Youth Skills Day (WYSD)

It aims to raise awareness about the importance of education, vocational education, and training in reducing unemployment and underemployment among youth. By equipping young people with skills for employment, decent work, and entrepreneurship, we can empower them to succeed.

The theme for WYSD 2024, "Youth Skills for Peace and Development," highlighted the critical role young people play in peace building and conflict resolution. It emphasized the need to foster a culture of peace, nurture responsible global citizens, and promote sustainable development.

This year, July 15, 2025, marks the 10th anniversary of WYSD. The theme for WYSD 2025, "Youth Empowerment through AI and Digital Skills," recognizes the impact of Artificial Intelligence (AI) on economies and the need for education to adapt. As AI transforms how we live, learn, and work, it's crucial that we prioritize inclusive, ethical, and empowering digital skills development for all youth. Let's work together to shape a future where AI benefits everyone."

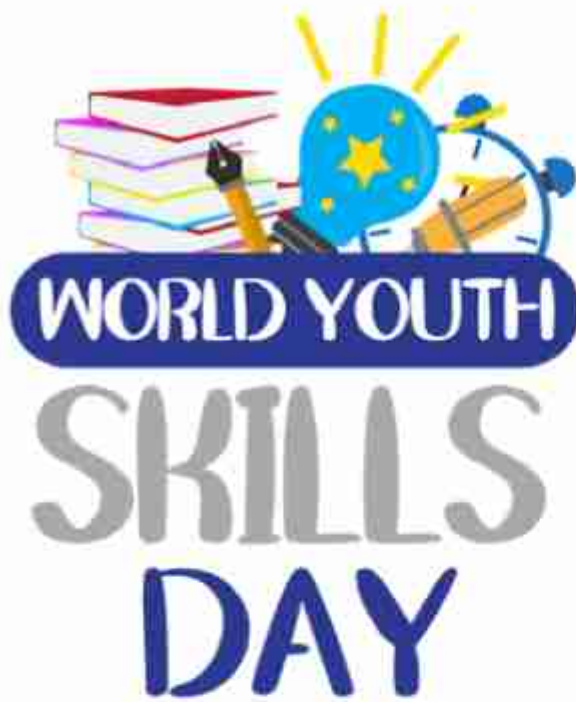
### Nelson Mandela International Day

July 18 marks Nelson Mandela International Day, a tribute to the life and legacy of the former President of South Africa and anti-apartheid activist. In 2009, the United Nations General Assembly declared July 18 as Nelson Mandela International Day to recognize his remarkable contributions to:

**Peace and Reconciliation:** Mandela's efforts to heal the wounds of apartheid and promote racial reconciliation in South Africa.

**Democracy and Human Rights:** Mandela's fight against apartheid and his commitment to democracy, equality, and human rights.





**Social Justice:** Mandela's advocacy for social justice, education, and poverty reduction.

#### Key Takeaways

**Leadership and Activism:** Mandela's life and legacy inspire leaders and activists worldwide.

**Reconciliation and Forgiveness:** Mandela's approach to reconciliation and forgiveness offers valuable lessons for conflict resolution and healing.

**Service to Humanity:** Mandela's commitment to serving others and making a positive impact on society is a powerful example.

#### Call to Action

- Engage in Community Service:** Make a positive impact through volunteer work or community service.
- Promote Mandela's Values:** Share Mandela's values and teachings with others, and strive to embody them in daily life.

- Support Social Justice:** Continue Mandela's work by advocating for social justice, equality, and human rights."

These events offer valuable opportunities for learning and growth, and I encourage you to explore and reflect on their significance. Let's focus on empowering our young people to acquire the skills they need to succeed. By doing so, we can help them build a brighter future for themselves, their families, and society as a whole. Let's also draw inspiration from Nelson Mandela's legacy, embracing the values of leadership, reconciliation, peace, and service to humanity. May these values guide us as we strive to make a positive impact in the world.

Wishing you all a fruitful and enjoyable year, filled with opportunities for growth, learning, and service. May God bless you all.

Yours affectionately in Don Bosco,  
Rev. Dr. Jayapalan, SDB  
Rector and Secretary.



**Dear students,**

Greetings to you. In this edition of e-Voice, I would like to discuss an important value, we need to imbibe. Read through and reflect.

### **Respecting Parents and Elders – The Needed Value for Young People**

In today's modern world, where trends and technology influence young minds, it is important for Indian teenagers to hold on to the timeless value of respecting parents and elders. Respect is not just about listening to what they say—it is about valuing their age, their experience, and the role they have played/playing in shaping your life.

Your parents and elders have gone through years of struggles, sacrifices, and achievements. Their wisdom is priceless. Taking time to listen to them, seek their advice, and appreciate their efforts shows maturity and character.

Respect is not only felt but shown. It begins with simple everyday actions—standing up when an elder enters the room, greeting them with a “Good morning” or a “Namaste,” speaking kindly, and avoiding rude or loud behaviour. These small actions show big values. Using kind words, offering your seat, helping without being asked, and avoiding arguments are also powerful ways to express respect.

Parents spend their lives working hard for your comfort and future. Respecting them means being grateful, obedient, and patient with their concerns. Even if there are differences in opinions, respect must remain.

Indian culture teaches us to honour elders by touching their feet, speaking politely, and never interrupting them. These traditions are not outdated; they teach us humility and grace. You can be modern and still be respectful—it only adds to your charm and character.

Teenagers often seek independence, but true strength lies in being respectful even when you disagree. People will remember you not just for your success, but for how you treat others—especially your parents and elders.

So, respecting parents and elders is not about following rules—it is about showing gratitude, learning from their experience, and becoming a better human being. Your actions, words, and attitude reflect who you are. Let your respect speak louder than your voice. Because no matter how far you go in life, it is your values that define your success; one such value is respecting parents and elders.

***May your actions speak louder.***



**Rev. Dr. K. A. Maria Arokia Raj, SDB**

Principal





Warm greetings to each one of  
you!

In today's fast-changing world, one thing is becoming clearer every day: skills matter. As we observe World Youth Skills Day

on 15<sup>th</sup> July, let us pause and reflect on this vital truth  
- without skills, education remains incomplete.

Many of us think that a degree alone guarantees a job. But the reality is different. Companies, institutions, and even the wider society look for people who can do, not just those who know or have degrees. They seek individuals who can think clearly, communicate well, solve problems, adapt quickly, and work with commitment. These are all skills and they are essential for employment, for decent work, and for a meaningful life.

St. John Bosco, the father and friend of youth, understood this long ago. That is why in all his institutions, he gave importance not just to classroom learning but also to training in practical skills. His dream was not simply to produce educated youth, but to raise responsible, skilled, and value-based citizens.

Let me put it simply: A skillful person is confident. A skillful person is needed everywhere. A skillful person is free from dependence, fear, and insecurity.

When we learn a skill, whether it is communication, coding, leadership, teamwork, time management, or even organising an event, we are growing. We are preparing ourselves not only to earn, but to contribute. Skills are not only for jobs. They shape our character, our discipline, our creativity, and our capacity to serve others. And when we offer our skills with love, they become blessings to society.

A World of Opportunities Awaits Us: The good news is, today, there are plenty of ways to build our skills. The Government of India offers free and affordable platforms such as SWAYAM, National Career Service (NCS), Skill India Mission, and PMKVY (Pradhan Mantri Kaushal Vikas Yojana). You also have access to trusted online platforms like NPTEL, Coursera, edX, Google Career Certificates, and many more. We can learn at our own pace through online courses, distance learning, or even by joining internships, volunteering programmes, and college clubs. All it takes is a little interest and a little involvement, and the door to learning opens wide.

Dear young friends, let us not wait for the “perfect time” to begin. Start now. Start small. Stay steady. The journey of skill-building is not always easy but it is always worth it.

Let us rise with joy and purpose. Let us grow in skills that empower us and in values that guide us. The world needs young hands with strong hearts.

*With prayerful wishes for your growth and success,*



Yours in Don Bosco,  
Rev. Fr. Anbu Francis, SDB

Vice Principal





Don Bosco Arts and Science College conducted an induction program for staff members on **7<sup>th</sup> June 2025** from 9.00 am to 1.00 pm at A.V. Hall. The purpose of the induction program was to introduce the new staff members to the college's mission, values, and history. The first session was led by the secretary of the college **Rev. Fr. Jayapalan Raphael, SDB**. He enlightened them on the Salesian education system. He further provided valuable insights into the unique pedagogical approach "**Don Bosco's Preventive System.**" Don Bosco's Preventive System is based on three fundamental principles: reason, religion, and loving kindness. The secretary further emphasized that the Salesian Pedagogy aims to foster a strong relationship between educators and students, where the educator acts as a guide, protector, and friend.

The second session was handled by the Vice Principal of the college, **Rev. Fr. Anbu Francis, SDB**, who provided a concise overview of the life and legacy of Don Bosco, the founder of the Salesian society. The third session was handled by the campus minister of the college, **Rev. Fr. Oswalt Devadass, SDB**. He delivered an introductory address about the college, covering its history, key departments, facilities, and overall mission. The induction program has equipped new staff to understand the college's mission.



Induction Programme: A Gateway to Success





## Faculty Development Programme on Mastering Course Plan and Lesson Plan



A faculty development programme was conducted on 7<sup>th</sup> June 2025, from 2:00 PM to 4:00 PM at the Media Clinic. The Principal of the college, **Rev. Dr. K. A Maria Arokiaraj, SDB**, led the session. He guided the staff members on developing an effective course plan and lesson plan. He further explained the importance of having a course plan. He highlighted that the course plan can help teachers and ensure the courses are well-structured. This helped the faculty members of the college to gain a deeper understanding of the key components of a comprehensive course plan and lesson plan.

### Mastering Course Plan and Lesson Plan



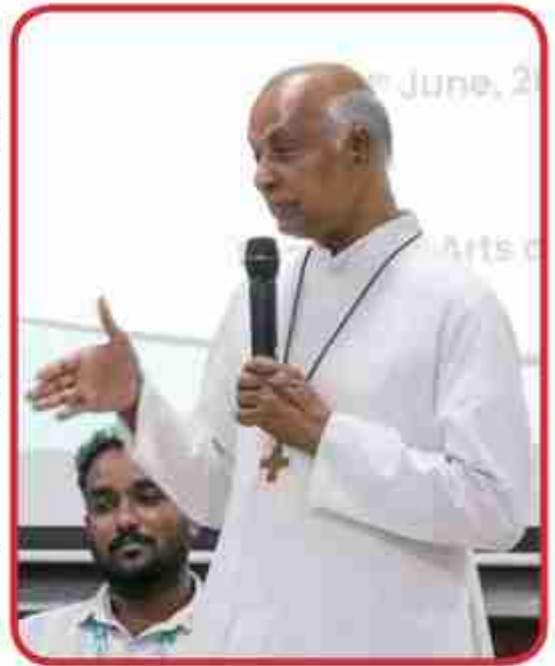


The certificate distribution ceremony for the Anudip Foundation Course was held on 13<sup>th</sup> July 2025 from 10:00 AM to 11:00 AM at the AV Hall. This event recognized the achievements of the B.Com. (General) 2020–2023 batch students who had enrolled in the Anudip Foundation certificate course during their academic tenure.

Among the participants, 35 students distinguished themselves by securing positions in the top 35 ranks of the course. In recognition of their outstanding performance, these students were awarded certificates of completion by the Anudip Foundation.

The event was attended by faculty members, staff, and students, and it served as a moment of pride and encouragement for all present. The efforts of the Anudip Foundation in providing skill-based training were appreciated, and the students were congratulated for their dedication and success.

The ceremony concluded on a positive note, inspiring current students to pursue such professional development opportunities in the future.





# Anudip Foundation Course Certificate







A two-day Faculty Development Programme (FDP) was conducted at Fr. Schlooz A.V Hall on 16<sup>th</sup> June 2025 from 9.00 am to 4.15 pm. The main objective of the programme was to equip faculty members to integrate technology in teaching and learning.

The first session was animated by **Dr. K.S. Antonysamy**, former Head of the Department of English and currently the Director of the Department of Kaushal Kendra (Skill Development), Loyola College. Dr. Antonysamy provided valuable insights in understanding and addressing the needs of modern learners. He stressed that as teachers one should always strive for excellence.

The second session was led by **Dr. Amala Arockiyaraj**, Coordinator of Loyola Edu Tech and Assistant Professor in the Department of English, Loyola College. **Dr. Arockiyaraj** introduced a variety of online teaching tools and demonstrated

how they could be effectively utilized to make the teaching-learning process more interactive and engaging.

The sessions were well-received by the faculty members who found the programme highly beneficial. The exposure to innovative pedagogical strategies and technological tools empowered them to enhance their classroom practices and meet the expectations of 21<sup>st</sup> - century learners.







The second day of the faculty development program was animated by **Rev. Fr. Arokia Doss, SDB, Professor and administrator** at Don Bosco Matriculation Higher Secondary School, Red Hills, Chennai.

Fr. Arokia Doss introduced the faculty to Don Bosco's Preventive System. The preventive system emphasizes the presence of the teachers among the students to accompany the students in guiding them and to prevent them from making mistakes. The Preventive System encourages educators to foster an environment that promotes positive behavior and holistic development of the students.

Fr. Arokia Doss highlighted that it is the responsibility of teachers to create an atmosphere where students feel supported. Teaching should be rooted in compassion and understanding, and this is the key to form responsible, morally grounded, and emotionally balanced young individuals. The session was well-received and it provided faculty with actionable insights for enhancing their teaching practices.

The final session of the Faculty Development Programme was animated by **Dr. V. Collins Arun Prakash, Head of the PG Department of Chemistry and IQAC Coordinator** at Sacred Heart College, Tirupattur.

Dr. Collins Arun Prakash elaborated on the revised criteria of NAAC accreditation. He emphasized on the growing importance of quality benchmarks in higher education institutions and the need for continuous internal evaluation and improvement.

A key focus of his session was the importance of systematic documentation. He highlighted that accurate and well-maintained records are essential for institutional transparency, accountability, and successful NAAC assessments. His insights provided the faculty with practical strategies for aligning their academic and administrative work with quality assurance standards.







The college reopened for the academic year 2025–2026 on 18<sup>th</sup> June 2025 for the second- and third-year students. The day commenced with an inaugural programme attended by the students and faculty members. The first session was attended by the final year students at Bi-centenary Hall from 9.30 am to 11.00 am, followed by the second session for second year students from 11.30 am to 1.25 pm. The Principal of the college **Rev.Dr. K.A.Maria Arokiaraj, SDB** welcomed the students and introduced the **HoDS** and the new staff members of the

college. Students were briefed on the rules and regulations of the college and were reminded of the importance of discipline and adherence to institutional guidelines.

While addressing the students Fr. Principal, Dr.K A.Maria Arokiaraj, SDB reinforced that students start planning and be prepared to meet the demands of the competitive world. He further urged the students to have personal plan for life. He emphasized that the college wants to make sure that students grow to excellence. He outlined the expectations of the college from students, in terms of punctuality, discipline, commitment to learning, and active participation in college life.

The Principal also highlighted that the college would continue to provide a wide range of opportunities for students to develop their skills, enhance their knowledge, and engage in community service activities. The session concluded with a message encouraging students to make the most of the resources and support available to them throughout the academic year.





## International Yoga Day



Don Bosco College celebrated the World Day of Yoga with enthusiasm and mindfulness. Students gathered in the morning to perform yoga. In the morning, invigorating yoga sessions were led by experienced instructors. The calm and the serene environment made the participants to engage in yoga postures, breathing exercises, and meditation techniques.

The college aimed to promote physical, mental, and spiritual well-being through the celebration.



of the World Day of Yoga. The sessions encouraged relaxation, stress reduction, and enhanced concentration. By emphasizing the importance of self-care and mindfulness, Don Bosco College demonstrated its commitment to holistic development. The celebrations highlighted the benefits of yoga in fostering personal and professional growth. Participants experienced a renewed sense of vitality and clarity as they embraced the practice of yoga.

Don Bosco College recognizes the power of yoga in nurturing a healthy and thriving community. The World Day of Yoga celebrations at Don Bosco College reinforced the college's dedication to promoting well-being and mindfulness among its faculty and staff members. The Physical Director **Mr. Infant Rahul** animated the events for the college students.





The staff and students of the English Department participated in a Bridge Course Training Programme on 21st June 2025, from 9:30 AM to 1:30 PM. The session was conducted by the Principal of the college, *Rev. Dr. K. A. Maria Arokiaraj, SDB.*

The objective of the training was to make the audience to understand the rationale behind the Bridge Course and to introduce the procedures to be followed while teaching LSRW skills (Listening, Speaking, Reading, and Writing). The session provided valuable insights into effective methodologies and strategies to enhance English language proficiency, especially to equip first-year students who are transitioning into the college environment.





The principal of the college, **Rev. Dr. K. A. Maria Arokiaraj, SDB**, warmly welcomed the freshers to a new phase of their lives during the common assembly. In his address, he emphasized that parents, with great dreams and expectations, have put them in college. He reminded the students that it is their duty to honor these dreams by aspiring higher and striving for excellence in life.





Inauguration of the new academic year 2025-2026 was held at Bi-centenary Hall at 10.00 am. The holy mass was presided over by the provincial at the Salesian Province of Chennai and President of Don Bosco Arts and Science College, Chennai. It was attended by all the Christian students. All the Fathers from the Salesian Community of Rinaldi Juniorate participated. Seven priests and two brothers from the community were present for the holy mass. It was the mass of the Holy Spirit. The reading for the sermon was “*You are the light of the world and salt of the earth*”.





## Inauguration of the Academic Year 2025-2026

The inauguration of the new academic year 2025–2026 for the first-year students was held at the Bi-centenary Hall from 11:30 a.m. to 1:00 p.m. The chief guest for the programme was **Rev. Dr. L. Don Bosco SDB**, Provincial of the Salesian Province of Chennai and President of DBASC. While addressing the students, he highlighted the personal care and attention that is given to each student in the college. This unique feature creates a nurturing environment and transforms the life of the students.

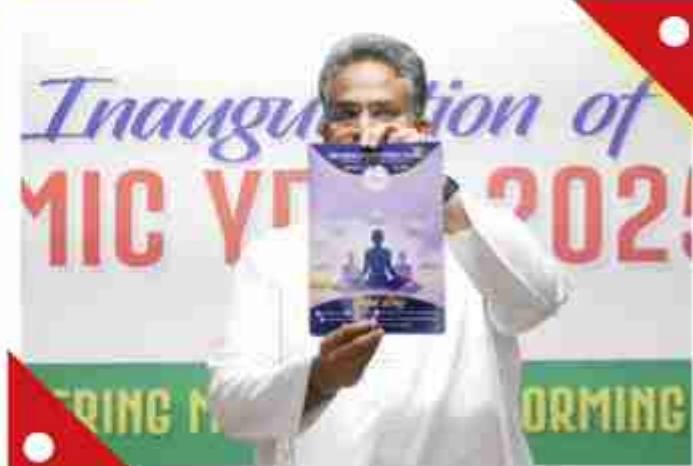




Rev. Dr. L. Don Bosco, SDB, Provincial of the Salesian Province of Chennai and President of DBASC, officially launched the June edition of the college magazine, e-Voice. The event marked a significant milestone in the college's academic journey.

During the ceremony, the Provincial **Rev. Dr. L. Don Bosco, SDB** presented the first copy of the June issue to the key figures Rev. Dr. Jayapalan Raphael, SDB, Secretary & Rector of the college, **Rev. Dr. K. A. Maria Arockiaraj, SDB**, Principal of the college, Rev. Fr. Oswald Devadoss, SDB, the campus minister of the college.

This publication continues the Salesian tradition of fostering student voice, creativity, and institutional engagement through its monthly magazine platform. With insightful articles, vibrant artwork, and campus news, e-Voice aims to inform, inspire, and strengthen community ties, each month.





The staff members of the Department of English conducted a five-day Bridge Course for the first-year students. The primary objective of the course was to enhance the four basic language skills: listening, speaking, reading, and writing. Students were trained by using frequently used words and sentence structures, which enabled them to develop confidence and grasp the basics of effective communication. The course proved beneficial in helping students build a strong foundation in English. Thereby, it boosted their confidence and prepared them for their academic journey.





On 24<sup>th</sup> June 2025, the Department of Visual Communication organized an engaging and impactful workshop titled "*Telling Stories that Matter*" at DBICA Hall. The workshop aimed to empower participants with creative storytelling tools. The objective of the workshop was to demonstrate the essence of authentic storytelling in visual communication. The workshop was graced by *Dr. Sithara Puli Venkatesh, Assistant Professor* from Loyola College, Chennai, as the chief guest. Dr. Sithara offered her expertise in visual narrative, which can be used as an effective tool to tell stories.





## Expert Talk: "Relevance of Spiritual Values in Social Work"



On 25<sup>th</sup> June 2025, the PG Department of Social Work organized an insightful expert talk on the topic "Relevance of Spiritual Values in Social Work" at Media Clinique. The session was conducted from 10:00 AM to 1:00 PM and witnessed enthusiastic participation from the postgraduate social work students.

The session featured **Mr. Reuben Thurai**, a renowned psychologist from Try Group Therapy, Chennai, as the resource person. Mr. Thurai brought with him years of experience in therapeutic practices and deep insights into the integration of spirituality and mental well-being in the realm of social work.

While addressing the PG students, Mr. Thurai emphasized the importance of spiritual values such as compassion, empathy, inner peace, and mindfulness in enhancing the quality of social work practice. He discussed how spiritual understanding can empower social workers to better cope with the emotional demands of their profession and build stronger, more meaningful connections with their clients.

The interactive talk included real-life case references, and discussions that encouraged students to introspect on their own value systems and how these influence their professional conduct. Mr. Thurai also shed light on how incorporating spiritual perspectives

can support holistic healing and transformation among individuals and communities.

Overall, the expert talk was a thought-provoking and enriching experience for all attendees, underlining the significance of integrating spiritual values into contemporary social work practices.





A Parent-Teachers Meeting was held at SIGA Hall on 28<sup>th</sup> June 2025 with the theme "Together We Shape the Future." from 10.00 am to 12.00 pm. The meeting aimed to strengthen the partnership between parents and the college for the holistic development of students.

The session began with introductory remarks by the Vice Principal, *Rev. Fr. Anbu Francis, SDB*, who emphasized the importance of collaborative efforts in nurturing the future of students.

*Rev. Fr. Jayapalan Raphael, SDB*, the Rector and Secretary of the college, in his address pointed out the significant role parents play in the growth and development of their children. He stressed that parents should lead by example through their actions and words, as students closely observe and learn from their parents' lives. He called for a joint commitment between the college and parents to ensure the overall development of the students. He emphasized that the institution is dedicated to providing quality education.

The Principal of the college, *Dr. K.A. Maria Arokiaraj, SDB*, informed parents about the college's rules and regulations. He introduced new initiatives that are to be offered for student development. Special classes will be conducted to enhance communication skills, and to improve maths, coding courses. Students will engage in volunteer services for the betterment of the society.

The session concluded with an interactive segment where parents clarified their doubts and shared their perspectives. The parent teachers meeting ended with a meaningful engagement session.





A Common Assembly was held at the college with active participation from both students and staff. The assembly served as an opportunity to inspire and guide students toward positive personal and academic growth.

The Principal of the College, *Rev. Dr. K.A. Maria Arokiaraj, SDB*, addressed the gathering with a motivational thought for the day, centered on the "Daffodil Principle." Through this insightful short story, he emphasized the importance of having clear priorities in life and encouraged students to take definite steps toward achieving their goals. His message highlighted the value of consistency and purpose in building a meaningful future.

Following this, the Rector and Secretary of the College, *Rev. Dr. Jayapalan Raphael, SDB*, also addressed the students. In his speech, he emphasized the importance of collaborative efforts between students and faculty. He encouraged students to work hand-in-hand with staff members, fostering a spirit of unity, cooperation, and mutual respect to enhance the overall educational environment of the college.

The assembly concluded on a positive note, leaving students inspired and motivated to pursue their goals with clarity, collaboration, and commitment.



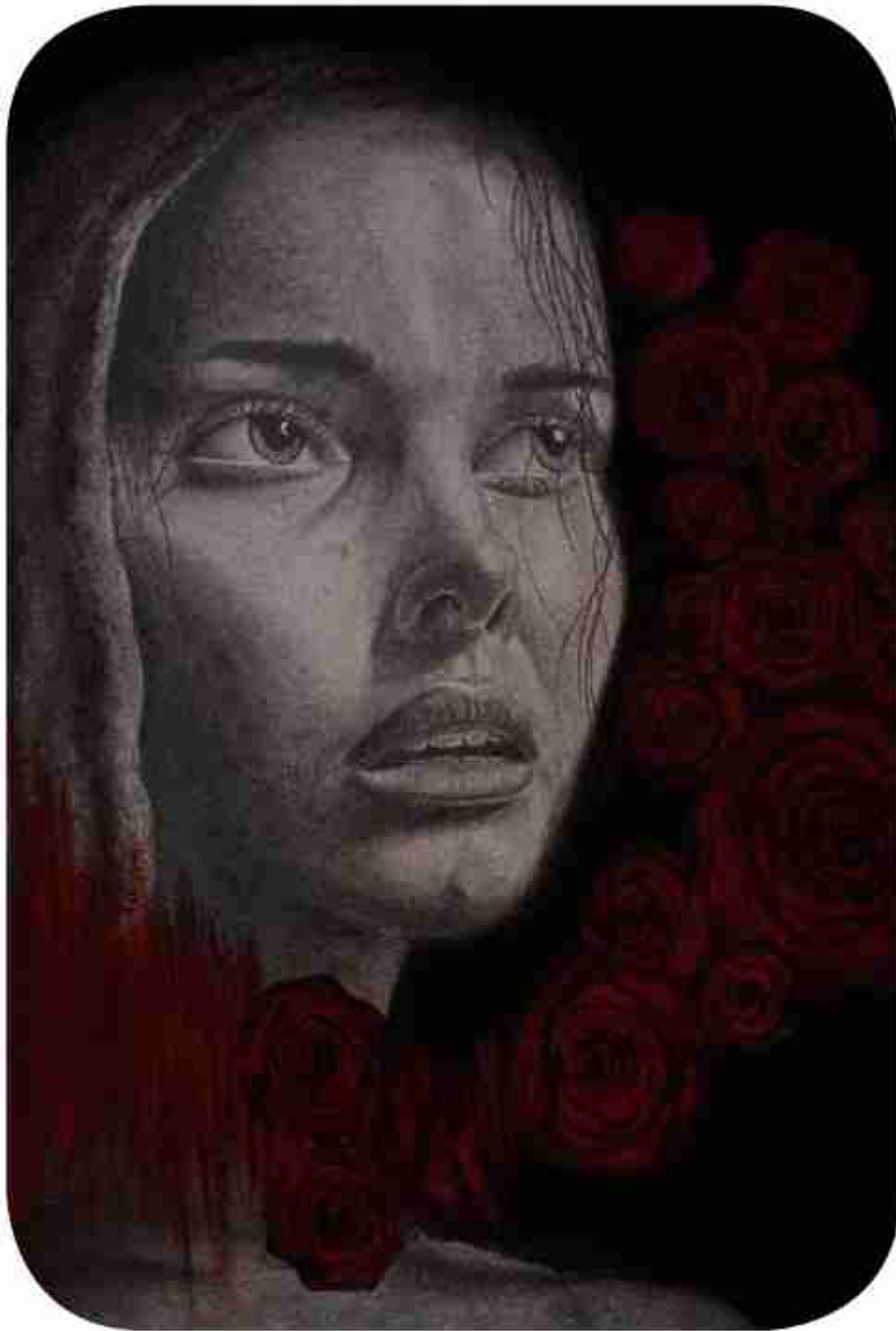


*Mr. Yogesh Prabhu*, a student of 3<sup>rd</sup> B.Com (General), brought laurels to the college by representing at the State Level Boxing Tournament organized by the Tamil Nadu Boxing Association. The event took place at Gopalapuram, Chennai.

Mr. Yogesh Prabhu competed in the 80–85 kg weight category and displayed exceptional skill, determination, and sportsmanship throughout the tournament. His hard work and dedication culminated in a Gold Medal victory in his category, showcasing his outstanding performance among top-level competitors from across the state.







Roses to adorn your graceful neck,  
The thorns to pierce your skin so fair.  
Love wraps in petals, soft and red,  
Yet love leaves a mark - so bright, so red.

**Kiran V.**  
III Year B.Sc. (Vis Com)







While the gentle breeze  
rustled my wings,  
my eyes darted  
here and there  
Lo, behold!  
the golden rays beckon me,  
I rise,  
fluttering, soaring,  
Higher and higher  
Leaving the green lushery  
Towards the blue hues.



**Swetha S.**

III Year B.Sc. (Vis Com)



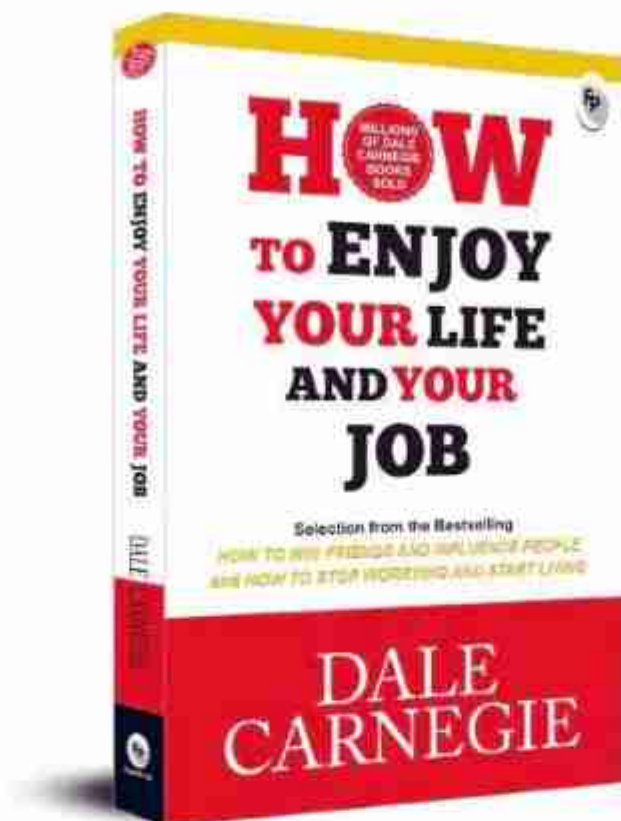
With the hustle and bustle of today's life, nature is in no hurry. Man has no time to spend in the serene company of nature. In the heart of nature calmness settles like a morning dew birds sing their melodious tune, rivers flow gracefully, there is only stillness.



**Pushpa Raj**  
I Year B.Com.  
(Corporate Secretaryship)







- Dale Carnegie

### Introduction :

The book 'How to Enjoy Your Life and Your Job', is based on the true events in the golden olden days of emerging factories starting from hiring to making deals with the other institutions.

The writer has clearly given an evergreen idea of how we can sail in the ocean of life and job.

### Summary of the Book :

- *Seven ways to peace and Happiness*
- *Fundamental Techniques in Handling People*
- *Ways to win People to your way of Thinking*
- *Ways to Change People without giving offense or arousing resentment*

These parts not only explain how we can handle ourselves in our jobs but they also give insights on how to handle our life. The author has given a ray of hope to the people who are stuck in social spaces and society.

### Plot :

The author Dale Carnegie has used several real life illustrations to convey his thoughts about the workplace, however the ideas he bestowed not only apply to work but also in our home especially, in family and relationships in our environment. The author stresses more on the strong lack of communication, which most people are stuck with and so he has given the key to escape from the introverted character that most people get stuck with despite balancing in job and life plans of the author; he also equally illustrated the value of being confident and accepting who we are in which we all mostly struggle in the name of existential crisis, anxiety, depression and so on; he has given this book as a life saver to the ones who struggle to be themselves in the world.



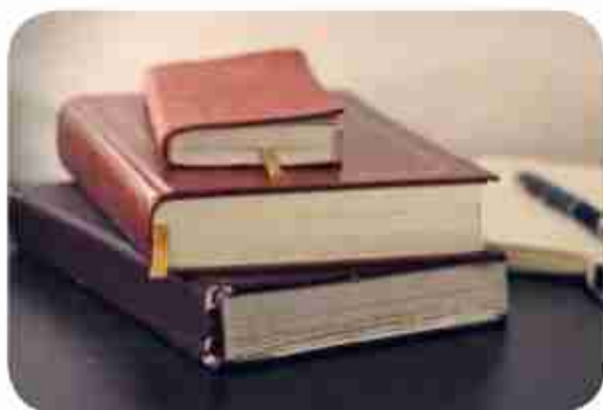


In this book, we would be able to see why we need to understand one another especially, in the workplace as we never know what's going on around us or some feel ashamed to say it out loud.

At the end of every chapter, the author has precipitated his values in two lines, according to the occurrence in the chapter, just like Shakespeare did in his 14 line sonnet where the last 2 lines would be mostly the conclusion part of the Sonnet.

### **Conclusion :**

This book has more depth than we could imagine; the author has surely justified why we should not judge a book by it's cover and I'd like to end this report with a quote from this book which says "Don't criticize, condemn nor complain."



**Fabian Francesco Johnson**  
III B.A.English





